### UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

#### FORM 10-Q

■ Quarterly Report pursuant to Section 13 or  For the Quarterly Period  Or  Transition Report pursuant to Section 13 or  For the Transition Period fr  Commission File Not  Sterling Real  d/b/a Sterling Mot  (Exact name of registrant as sy  North Dakota  (State or other jurisdiction of incorporation or organization)	Ended March 31, 2022  r 15(d) of the Securities Exchang omtoto umber: 000-54295 Estate Trust ultifamily Trust	
Transition Report pursuant to Section 13 or For the Transition Period fr  Commission File No Sterling Real d/b/a Sterling Mo (Exact name of registrant as s	r 15(d) of the Securities Exchang omto umber: 000-54295 Estate Trust ultifamily Trust	e Act of 1934
Commission File No  Sterling Real  d/b/a Sterling Mo  (Exact name of registrant as s	omtototototo	e Act of 1934
Sterling Real d/b/a Sterling Mo (Exact name of registrant as s North Dakota	Estate Trust ultifamily Trust	
d/b/a Sterling Mu (Exact name of registrant as s	ultifamily Trust	
(State or other jurisdiction of incorporation or organization)		90-0115411
	(I.R.S. Emp	ployer Identification No.)
4340 18th Ave South, Suite 200, Fargo, North Dakota (Address of principal executive offices)		<b>58103</b> (Zip Code)
(701) 35	3-2720	
(Registrant's telephone number	r, including area code)	
(Former name, former address and formal fis	scal year, if changed since last re	eport)
ecurities registered pursuant to Section 12(b) of the Act		
Title of each class: Trading S Common Shares, par value \$0.01 per share		change on which registered: N/A
ndicate by check mark whether the registrant (1) has filed all reports required at during the preceding 12 months (or for such shorter period that the registrant requirements for the past 90 days. Yes ☑ No ☐ ndicate by check mark whether the registrant has submitted electronically of Regulation S-T (§232.405 of this chapter) during the preceding 12 month files). Yes ☑ No ☐	egistrant was required to file su y every Interactive Data File rea	ch reports), and (2) has been subject to quired to be submitted pursuant to Rule
ndicate by check mark whether the registrant is a large-accelerated filer, ing growth company. See the definitions of "large-accelerated filer," any" in Rule 12b-2 of the Exchange Act.		
Large accelerated filer  Non-accelerated filer  Emerging growth company  (Do not check if a smaller reporting company)	Accelerated filer Smaller reporting company	
f an emerging growth company, indicate by check mark if the registrant r revised financial accounting standards provided pursuant to Section 13(		nded transition period for complying wi
		Act) Ves D. No M.
ndicate by check mark whether the registrant is a shell company (as defined	in Rule 12b-2 of the Exchange	ney, 165 🗀 - 190 🖎
ndicate by check mark whether the registrant is a shell company (as defined andicate the number of shares outstanding of each of the issuer's classes of Class		practicable date.

#### STERLING REAL ESTATE TRUST

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#### PART I – FINANCIAL INFORMATION

**Item 1. Financial Statements** 

#### STERLING REAL ESTATE TRUST AND SUBSIDIARIES CONSOLIDATED BALANCE SHEETS AS OF MARCH 31, 2022 (UNAUDITED) AND DECEMBER 31, 2021

	March 202		December 31, 2021
		(in thousa	nds)
ASSETS		(	,
Real estate investments			
Land and land improvements	\$ 126	5,432 \$	125,338
Building and improvements	778	8,050	763,003
Construction in progress	(	5,995	8,361
Real estate investments	911	1,477	896,702
Less accumulated depreciation	(184	4,198)	(179,155)
Real estate investments, net	727	7,279	717,547
Cash and cash equivalents	49	9,854	51,507
Restricted deposits	11	1,639	9,149
Investment in unconsolidated affiliates	23	3,852	18,658
Notes receivable	(	5,893	7,457
Lease intangible assets, less accumulated amortization	(	6,011	6,246
Other assets, net	14	4,734	10,302
Total Assets	\$ 840	0,262 \$	820,866
LIABILITIES			
Mortgage notes payable, net	\$ 502	2,140 \$	493,142
Dividends payable	8	8,366	7,567
Tenant security deposits payable	:	5,587	5,225
Lease intangible liabilities, less accumulated amortization		766	811
Accrued expenses and other liabilities	13	3,866	18,604
Total Liabilities	530	0,725	525,349
		<u> </u>	
COMMITMENTS and CONTINGENCIES - Note 13			
SHAREHOLDERS' EQUITY			
Beneficial interest	117	7,691	116,856
Noncontrolling interest			
Operating partnership	183	3,585	176,954
Partially owned properties	2	2,687	2,657
Accumulated other comprehensive income (loss)		5,574	(950)
Total Shareholders' Equity	309	9,537	295,517
	\$ 840	0,262 \$	820,866

## STERLING REAL ESTATE TRUST AND SUBSIDIARIES CONSOLIDATED STATEMENTS OF OPERATIONS AND OTHER COMPREHENSIVE INCOME FOR THE THREE MONTHS ENDED MARCH 31, 2022 AND 2021 (UNAUDITED)

			nths En ch 31,	ths Ended th 31,			
		2022		2021			
Income from rental operations	(in t	housands, exc	ept per	share data)			
Real estate rental income	\$	32,916	\$	31,760			
Expenses	φ	32,910	φ	31,700			
Expenses from rental operations							
Operating expenses		14,689		12,107			
Real estate taxes		3,497		3,244			
Depreciation and amortization		5,782		5,328			
Interest		4,845		4,287			
Interest		28,813	_	24,966			
Administration of REIT		1,217		1,201			
Total expenses		30,030	_	26,167			
Income from operations		2,886	_	5,593			
meonic from operations		2,000		3,373			
Other income							
Equity in losses of unconsolidated affiliates		(1,141)		(27			
Other income		315		270			
Gain on sale or conversion of real estate investments		1,329					
Total other income		503		243			
Net income	\$	3,389	\$	5,836			
Net income attributable to noncontrolling interest:	<u> </u>	-,		-,,,,,			
Operating Partnership		2,145		3,753			
Partially owned properties		30		31			
Net income attributable to Sterling Real Estate Trust	\$	1,214	\$	2,052			
Net income attributable to Sterning Real Estate Trust	<u> </u>	1,217	Ψ	2,032			
Net income attributable to Sterling Real Estate Trust per common share, basic and diluted	\$	0.12	\$	0.21			
Comprehensive income:	Φ.	2 200	Ф	5.026			
Net income	\$	3,389	\$	5,836			
Other comprehensive gain - change in fair value of interest rate swaps		6,524		2,384			
Comprehensive income		9,913		8,220			
Comprehensive income attributable to noncontrolling interest	Φ.	6,342	Φ	5,324			
Comprehensive income attributable to Sterling Real Estate Trust	\$	3,571	\$	2,896			
Weighted average Common Shares outstanding, basic and diluted		10,465		9,983			

## STERLING REAL ESTATE TRUST AND SUBSIDIARIES CONSOLIDATED STATEMENTS OF SHAREHOLDERS' EQUITY FOR THE THREE MONTHS ENDED MARCH 31, 2022 AND 2021 (UNAUDITED)

	Common Shares	Paid-in Capital	Di iı	ccumulated istributions i Excess of Earnings	Total Beneficial Interest		Nonco In Operating Partnership	teres Pai		Con	cumulated aprehensive ome (Loss)	_	Total
					(ir	n the	ousands)						
BALANCE AT DECEMBER 31, 2020	9,855	\$ 139,105	\$	(29,739)	\$ 109,366	\$	181,621	\$	2,346	\$	(1,805)	\$	291,528
Shares/units redeemed	(41)	(777)		_	(777)		(628)		_		_		(1,405)
Dividends and distributions declared	_			(2,642)	(2,642)		(4,835)		_		_		(7,477)
Dividends reinvested - stock dividend	89	1,686		_	1,686		_		_		_		1,686
Issuance of shares under optional purchase plan	65	1,307		_	1,307		_		_		_		1,307
Change in fair value of interest rate swaps	_	_		_	_		_		_		2,384		2,384
Net income	_	_		2,052	2,052		3,753		31		_		5,836
BALANCE AT MARCH 31, 2021	9,968	\$ 141,321	\$	(30,329)	\$ 110,992	\$	179,911	\$	2,377	\$	579	\$	293,859

			Accumulated Distributions	Total		ntrolling erest	Accumulated	
	Common Shares	Paid-in Capital	in Excess of Earnings	Beneficial Interest	Operating Partnership	Partially Owned Properties	Comprehensive Income (Loss)	Total
				(in t	thousands)			
BALANCE AT DECEMBER 31, 2021	10,342	\$ 148,562	(\$ 31,706)	\$ 116,856	\$ 176,954	\$ 2,657	(\$ 950)	\$ 295,517
Contribution of assets in exchange for the issuance of								
noncontrolling interest shares	-	-	-	-	10,180	-	-	10,180
Shares/units redeemed	(18)	(401)	-	(401)	(335)	-	-	(736)
Dividends and distributions declared	-	-	(3,007)	(3,007)	(5,359)	-	-	(8,366)
Dividends reinvested - stock dividend	79	1,716	-	1,716	-	-	-	1,716
Issuance of shares under optional purchase plan	57	1,313	-	1,313	-	-	-	1,313
Change in fair value of interest rate swaps	-	-	-	-	-	-	6,524	6,524
Net income			1,214	1,214	2,145	30		3,389
BALANCE AT MARCH 31, 2022	10,460	\$ 151,190	(\$ 33,499)	\$ 117,691	\$ 183,585	\$ 2,687	\$ 5,574	\$ 309,537

## STERLING REAL ESTATE TRUST AND SUBSIDIARIES CONSOLIDATED STATEMENTS OF CASH FLOWS FOR THE THREE MONTHS ENDED MARCH 31, 2022 AND 2021 (UNAUDITED)

	Thre	Three Months March 3				
	2022		2021			
	(i	in thousa	nds)			
OPERATING ACTIVITIES		• • •	5.026			
Net income	\$ 3,	389 \$	5,836			
Adjustments to reconcile net income to net cash provided by operating activities	44	220)				
Gain on sale of real estate investments		329)	_			
Equity in loss of unconsolidated affiliates	1,	141	27			
Distributions of earnings of unconsolidated affiliates		4	57			
Allowance for uncollectible accounts receivable		544)	(47)			
Depreciation		390	5,006			
Amortization		392	315			
Amortization of debt issuance costs		157	130			
Effects on operating cash flows due to changes in	_	#0. <b>2</b>	220			
Other assets		583	229			
Tenant security deposits payable		362	176			
Accrued expenses and other liabilities		088)	(2,820)			
NET CASH PROVIDED BY OPERATING ACTIVITIES	7,	457	8,909			
INVESTING ACTIVITIES						
Purchase of real estate investment properties		893)	_			
Capital expenditures and tenant improvements		402)	(3,686)			
Proceeds from sale of real estate investments and non-real estate investments		622	_			
Proceeds from involuntary conversion		261	1,642			
Investment in unconsolidated affiliates		444)	(2,090)			
Distributions in excess of earnings received from unconsolidated affiliates		105	1			
Notes receivable issued net of payments received		564	17			
NET CASH USED IN INVESTING ACTIVITIES	(10,	187)	(4,116)			
FINANCING ACTIVITIES						
Payments for financing, debt issuance		(95)	(154)			
Payments on investment certificates and subordinated debt			(25)			
Proceeds from issuance of mortgage notes payable and subordinated debt	12,3	867	18,485			
Principal payments on mortgage notes payable	(3,	931)	(14,528)			
Proceeds from issuance of shares under optional purchase plan	1,3	313	1,307			
Shares/units redeemed	Ć	736)	(1,405)			
Dividends/distributions paid	(5,	851)	(5,761)			
NET CASH PROVIDED BY (USED IN) FINANCING ACTIVITIES		567	(2,081)			
NET CHANGE IN CASH AND CASH EQUIVALENTS AND RESTRICTED DEPOSITS		837	2,712			
CASH AND CASH EQUIVALENTS AND RESTRICTED DEPOSITS AT BEGINNING OF PERIOD	60,0		27,635			
CASH AND CASH EQUIVALENTS AND RESTRICTED DEPOSITS AT END OF PERIOD	\$ 61,4					
CASH AND CASH EQUIVALENTS AND RESTRICTED DEFOSITS AT END OF FERIOD	ψ 01;	<u> </u>	50,547			
CASH AND CASH EQUIVALENTS AND RESTRICTED DEPOSITS AT END OF PERIOD						
Cash and cash equivalents	\$ 49.5	25/1	\$ 13,888			
Restricted deposits	5 49,i		16,459			
	\$ 61,4					
TOTAL CASH AND CASH EQUIVALENTS AND RESTRICTED DEPOSITS, END OF PERIOD	Φ 01,	+73 \$	30,347			

### STERLING REAL ESTATE TRUST AND SUBSIDIARIES CONSOLIDATED STATEMENTS OF CASH FLOWS

FOR THE THREE MONTHS ENDED MARCH 31, 2022 AND 2021 (UNAUDITED) (Continued)

			Ended ch 31,		
	<u>-</u>	2022		2021	
	'-	(in tho	usands)		
SCHEDULE OF CASH FLOW INFORMATION					
Cash paid during the period for interest, net of capitalized interest	<u>\$</u>	4,698	\$	4,144	
, , ,	-				
SUPPLEMENTARY SCHEDULE OF NONCASH INVESTING AND FINANCING ACTIVITIES					
Dividends reinvested	\$	1,716	\$	1,686	
Dividends declared and not paid		3,007		2,642	
UPREIT distributions declared and not paid		5,359		4,835	
Acquisition of assets in exchange for the issuance of noncontrolling interest units in UPREIT		10,180		_	
Increase in land improvements due to increase in special assessments payable		_		26	
Unrealized gain on interest rate swaps		6,524		2,384	
Acquisition of assets through assumption of debt and liabilities		(15,073)		_	
Capitalized interest and real estate taxes related to construction in progress		23		95	

(Dollar amounts in thousands, except share and per share data)

#### **NOTE 1 - ORGANIZATION**

Sterling Real Estate Trust, d/b/a Sterling Multifamily Trust ("Sterling," the "Trust" or the "Company") is a registered, but unincorporated business trust organized in North Dakota in December 2002. Sterling has elected to be taxed as a Real Estate Investment Trust ("REIT") under Sections 856-860 of the Internal Revenue Code.

Sterling previously established an operating partnership (Sterling Properties, LLLP or the "Operating Partnership") and transferred all of its assets and liabilities to the Operating Partnership in exchange for general partnership units. As the general partner, Sterling has management responsibility for all activities of the Operating Partnership. As of March 31, 2022 and December 31, 2021, Sterling owned approximately 35.94% and 36.27%, respectively, of the Operating Partnership.

#### NOTE 2 – PRINCIPAL ACTIVITY AND SIGNIFICANT ACCOUNTING POLICIES

#### Basis of Presentation

The accompanying consolidated financial statements should be read in conjunction with the consolidated financial statements and notes thereto for the year ended December 31, 2021, which have previously been filed with the Securities and Exchange Commission (SEC). Certain information and footnote disclosures normally included in financial statements prepared in accordance with accounting principles generally accepted in the United States of America ("GAAP") have been omitted from this report on Form 10-Q pursuant to the rules and regulations of the SEC.

The results for the interim periods shown in this report are not necessarily indicative of future financial results. In the opinion of management, the accompanying unaudited consolidated financial statements include all adjustments necessary to present fairly our consolidated financial statements as of and for the year ended March 31, 2022. These adjustments are of a normal recurring nature.

#### Principles of Consolidation

The consolidated financial statements include the accounts of Sterling, Sterling Properties, LLLP, and wholly owned limited liability companies. All significant intercompany transactions and balances have been eliminated in consolidation.

As of March 31, 2022, the Trust owned approximately 35.94% of the partnership interests ("OP Units") of the Operating Partnership. The remaining OP Units, consisting exclusively of limited partner interests, are held by persons who contributed their interests in properties to the Operating Partnership in exchange for OP Units. Under the partnership agreement, these persons have the right to tender their OP Units for redemption to the Operating Partnership at any time following a specified restricted period for cash equal to the fair value of an equivalent number of common shares of the Trust. In lieu of delivering cash, however, the Trust, as the Operating Partnership's general partner, may, at its option, choose to acquire any OP Units so tendered by issuing common shares in exchange for the tendered OP Units. If the Trust so chooses, its common shares will be exchanged for OP Units on a one-for-one basis. This one-for-one exchange ratio is subject to adjustment to prevent dilution. With each such exchange or redemption, the Trust's percentage ownership in the Operating Partnership will increase. In addition, whenever the Trust issues common or other classes of its shares, it contributes the net proceeds it receives from the issuance to the Operating Partnership and the Operating Partnership issues to the Trust an equal number of OP Units or other partnership interests having preferences and rights that mirror the preferences and rights of the shares issued. This structure is commonly referred to as an umbrella partnership REIT or "UPREIT."

(Dollar amounts in thousands, except share and per share data)

Additionally, we evaluate the need to consolidate affiliates based on standards set forth in the Financial Accounting Standards Board ("FASB") Accounting Standards Codification ("ASC") 810, Consolidation ("ASC 810"). In determining whether we have a requirement to consolidate the accounts of an entity, management considers factors such as our ownership interest, our authority to make decisions and contractual and substantive participating rights of the limited partners and shareholders, as well as whether the entity is a variable interest entity ("VIE") for which we have both: a) the power to direct the activities of the VIE that most significantly impact the entity's economic performance, and b) the obligation to absorb losses or the right to receive benefits from the VIE that could be potentially significant to the VIE. The Trust will consolidate the operations of a joint venture if the Trust determines that it is the primary beneficiary of a variable interest entity (VIE) and has substantial influence and control of the entity.

In instances where the Trust determines that it is not the primary beneficiary of a VIE and the Trust does not control the joint venture but can exercise influence over the entity with respect to its operations and major decisions, the Trust will use the equity method of accounting. Under the equity method, the operations of a joint venture will not be consolidated with the Trust's operations but instead its share of operations will be reflected as equity in earnings (losses) of unconsolidated affiliates on its consolidated statements of operations and comprehensive loss. Additionally, the Trust's net investment in the joint venture will be reflected as investment in unconsolidated affiliates on the consolidated balance sheets. See Note 5 for additional details regarding variable interest entities where the Trust uses the equity method of investing.

The Operating Partnership meets the criteria as a variable interest entity ("VIE"). The Trust's sole significant asset is its investment in the Operating Partnership. As a result, substantially all of the Trust's assets and liabilities represent those assets and liabilities of the Operating Partnership. All of the Trust's debt is an obligation of the Operating Partnership, and the Trust guarantees the unsecured debt obligations of the Operating Partnership.

#### Concentration of Credit Risk

Our cash balances are maintained in various bank deposit accounts. The bank deposit amounts in these accounts may exceed federally insured limits at various times throughout the year.

#### Use of Estimates

The preparation of consolidated financial statements in conformity with GAAP requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the reporting period. Actual results could differ from those estimates.

#### Real Estate Investments

Real estate investments are recorded at cost less accumulated depreciation. Ordinary repairs and maintenance are expensed as incurred.

The Trust allocates the purchase price of each acquired investment property accounted for as an asset acquisition based upon the relative fair value at acquisition date of the individual assets acquired and liabilities assumed, which generally include (i) land, (ii) building and other improvements, (iii) in-place lease intangibles, (iv) acquired above and below market lease intangibles, and (v) assumed financing that is determined to be above or below market, if any. Transaction costs related to acquisitions are accounted for as asset acquisitions and capitalized as a cost of the property.

(Dollar amounts in thousands, except share and per share data)

For tangible assets acquired, including land, building and other improvements, the Trust considers available comparable market and industry information in estimating acquisition date fair value. Key factors considered in the calculation of fair value of both real property and intangible assets include the current market rent values, "dark" periods (building in vacant status), direct costs estimated with obtaining a new tenant, discount rates, escalation factors, standard lease terms, and tenant improvement costs.

Furniture and fixtures are stated at cost less accumulated depreciation. Expenditures for renewals and improvements that significantly add to the productive capacity or extend the useful life of an asset are capitalized. Expenditures for routine maintenance and repairs, which do not add to the value or extend useful lives, are expensed as incurred.

Depreciation is provided for over the estimated useful lives of the individual assets using the straight-line method over the following estimated useful lives:

#### Buildings and improvements

40 years

Furniture, fixtures and equipment

5-9 years

The Trust's investment properties are reviewed for potential impairment at the end of each reporting period or whenever events or changes in circumstances indicate that the carrying value may not be recoverable. At the end of each reporting period, the Trust separately determines whether impairment indicators exist for each property.

Based on evaluation, there were no impairment losses during the three months ended March 31, 2022 and 2021.

#### Federal Income Taxes

We have elected to be taxed as a REIT under the Internal Revenue Code, as amended. A REIT calculates taxable income similar to other domestic corporations, with the major difference being a REIT is entitled to a deduction for dividends paid. A REIT is generally required to distribute each year at least 90% of its taxable income. If it chooses to retain the remaining 10% of taxable income, it may do so, but it will be subject to a corporate tax on such income. REIT shareholders are generally taxed on REIT distributions of ordinary income in the same manner as they are taxed on other corporate distributions.

We intend to continue to qualify as a REIT and, provided we maintain such status, will not be taxed on the portion of the income that is distributed to shareholders. In addition, we intend to distribute all of our taxable income; therefore, no provisions or liabilities for income taxes have been recorded in the financial statements.

We follow ASC Topic 740, *Income Taxes*, to recognize, measure, present and disclose in our consolidated financial statements uncertain tax positions that we have taken or expect to take on a tax return. As of March 31, 2022 and December 31, 2021, we did not have any liabilities for uncertain tax positions that we believe should be recognized in our consolidated financial statements. We are no longer subject to Federal and State tax examinations by tax authorities for years before 2018.

#### Revenue Recognition

The Trust is the lessor for its residential and commercial leases. Leases are analyzed on an individual basis to determine lease classification. As of March 31, 2022, all leases analyzed under the Trust's lease classification process were determined to be operating leases.

(Dollar amounts in thousands, except share and per share data)

#### Earnings per Common Share

Basic earnings per common share is computed by dividing net income available to common shareholders (the "numerator") by the weighted average number of common shares outstanding (the "denominator") during the period. Sterling had no dilutive potential common shares during the three months ended March 31, 2022 and therefore, basic earnings per common share was equal to diluted earnings per common share for both periods.

For the three months ended March 31, 2022 and 2021, Sterling's denominators for the basic and diluted earnings per common share were approximately 10,465,000 and 9,983,000, respectively.

#### **NOTE 3 – SEGMENT REPORTING**

We report our results in two reportable segments: residential and commercial properties. Our residential properties include multifamily properties. Our commercial properties include retail, office, industrial, restaurant and medical properties. We assess and measure operating results based on net operating income ("NOI"), which we define as total real estate segment revenues less real estate expenses (which consist of real estate taxes, property management fees, utilities, repairs and maintenance, insurance, and property administrative and management fees). We believe NOI is an important measure of operating performance even though it should not be considered an alternative to net income or cash flow from operating activities. NOI is unaffected by financing, depreciation, amortization, legal and professional fees, and certain general and administrative expenses. The accounting policies of each segment are consistent with those described in Note 2 of this report.

#### **Segment Revenues and Net Operating Income**

The revenues and net operating income for the reportable segments (residential and commercial) are summarized as follows for the years ended March 31, 2022 and 2021, along with reconciliations to the consolidated financial statements. Segment assets are also reconciled to Total Assets as reported in the consolidated financial statements.

	Three months ended March 31, 2022						Three months ended March 31, 202					
	Re	Residential		Commercial		Total		esidential	Co	mmercial		Total
			(in th	nousands)					(in tl	nousands)		
Income from rental operations	\$	27,494	\$	5,422	\$	32,916	\$	25,959	\$	5,801	\$	31,760
Expenses from rental operations		16,508		1,678		18,186		13,847		1,504		15,351
Net operating income	\$	10,986	\$	3,744	\$	14,730	\$	12,112	\$	4,297	\$	16,409
Depreciation and amortization						5,782						5,328
Interest						4,845						4,287
Administration of REIT						1,217						1,201
Other income						(503)						(243)
Net income					\$	3,389					\$	5,836

(Dollar amounts in thousands, except share and per share data)

As of March 31, 2022	_1	Residential	 ommercial thousands)	 Total
Real estate investments	\$	707,962	\$ 203,515	\$ 911,477
Accumulated depreciation		(136,986)	(47,212)	(184,198)
Total real estate investments, net	\$	570,976	\$ 156,303	\$ 727,279
Intangible assets, less accumulated amortization		173	5,838	6,011
Cash and cash equivalents				49,854
Restricted deposits				11,639
Investment in unconsolidated affiliates				23,852
Notes receivable				6,893
Other assets, net				14,734
Total Assets				\$ 840,262

As of December 31, 2021	Residential			ommercial	_	Total
			(in	thousands)		
Real estate investments	\$	692,722	\$	203,980	\$	896,702
Accumulated depreciation		(133,100)		(46,055)		(179,155)
Total real estate investments, net	\$	559,622	\$	157,925	\$	717,547
Intangible assets, less accumulated amortization		_		6,246		6,246
Cash and cash equivalents						51,507
Restricted deposits						9,149
Investment in unconsolidated affiliates						18,658
Notes receivable						7,457
Other assets, net						10,302
Total Assets					\$	820,866

#### NOTE 4 – RESTRICTED DEPOSITS AND FUNDED RESERVES

The following table summarizes the Trust's restricted deposits and funded reserves.

	As of	As of March 31,		December 31,
		2022		2021
		(in thousands)		
Tenant security deposits	\$	5,490	\$	5,165
Real estate tax and insurance escrows		877		1,355
Replacement reserves		1,808		1,791
Other funded reserves		3,464		838
	\$	11,639	\$	9,149

(Dollar amounts in thousands, except share and per share data)

#### NOTE 5 – INVESTMENT IN UNCONSOLIDATED AFFILIATES

The Company's investments in unconsolidated real estate ventures, are summarized as follows (in thousands):

			Unconsolidated Affiliates at				
Unconsolidated Affiliates	Date Acquired	Trust Ownership Interest	N	Iarch 31, 2022	Dec	eember 31, 2021	
Banner Building	2007	66.67%	\$	4,082	\$	60	
Grand Forks INREIT, LLC	2003	50%		2,442		2,493	
SE Savage, LLC	2019	60%		2,324		2,946	
SE Maple Grove, LLC	2019	60%		2,303		2,823	
SE Rogers, LLC	2020	60%		2,961		2,986	
ST Oak Cliff, LLC	2021	70%		6,725		4,324	
SE Brooklyn Park, LLC	2021	60%		3,015		3,026	
			\$	23,852	\$	18,658	

The Operating Partnership owns a 66.67% interest as tenant in common in an office building in Fargo, North Dakota. The property is encumbered by a first mortgage with a balance at March 31, 2022 and December 31, 2021 of \$- and \$6,022, respectively.

The Operating Partnership is a 50% owner of a tenant in common through 100% ownership in a limited liability company. The property is located in Grand Forks, North Dakota. The property is encumbered by a non-recourse first mortgage with a balance at March 31, 2022 and December 31, 2021 of \$9,730 and \$9,794, respectively. The Trust is jointly and severally liable for the full mortgage balance.

The Operating Partnership owns a 60% interest in a limited liability company that holds a multifamily property. The property is encumbered by a first mortgage with a balance at March 31, 2022 of \$31,000. The Trust is jointly and severally liable for the full mortgage balance. At December 31, 2021, the property was encumbered by a first mortgage of \$26,210 and a second mortgage to Sterling Properties, LLLP of \$6,129. Additionally, at March 31, 2022, a Promissory Note and Loan Agreement was entered into between SE Savage, LLC, the Borrower, and Sterling Properties, LLLP, the Lender, for \$1,397, and is an unsecured obligation of the Borrower. The note is considered to be additional at-risk funds to the Operating Partnership, in SE Savage, LLC, and is included in Notes Receivable on the Consolidated Balance Sheet at March 31, 2022.

The Operating Partnership owns a 60% interest in a limited liability company that that holds a multifamily property. The entity is encumbered by a first mortgage with a balance at both March 31, 2022 and December 31, 2021 of \$24,788. The property is also encumbered by a second mortgage to Sterling Properties, LLLP with a balance at March 31, 2022 and December 31, 2021 of \$2,878 and \$727, respectively.

The Operating Partnership owns a 60% interest in a limited liability company that is currently developing a multifamily property. The LLC holds land located in Rogers, Minnesota, with total assets of \$27,231 and \$22,847 at March 31, 2022 and December 31, 2021, respectively. The entity is encumbered by a first mortgage that has a balance of \$20,631 and \$15,688 at March 31, 2022 and December 31, 2021, respectively. The Company is jointly and severally liable for the full mortgage balance.

The Operating Partnership owns a 70% interest in a limited liability company, with a related party. The entity is currently developing a multifamily property. As of March 31, 2022 and December 31, 2021, the Operating Partnership has contributed \$6,778 and \$4,361, respectively, in cash to the entity. The entity holds land located in Dallas, Texas with total

(Dollar amounts in thousands, except share and per share data)

assets of \$11,711 and \$7,394 at March 31, 2022 and December 31, 2021, respectively. The entity is encumbered by a construction mortgage. There is no balance outstanding related to the mortgage at March 31, 2022. The Company is jointly and severally liable for the full mortgage balance.

The Operating Partnership owns a 60% interest in a limited liability company, with an unrelated third party. The entity is currently developing a multifamily property. As of both March 31, 2022 and December 31, 2021, the Operating Partnership has contributed \$3,042 in cash to the LLC. The entity is located in Brooklyn Park, Minnesota, with total assets of \$13,957 and \$5,478 at March 31, 2022 and December 31, 2021, respectively. The entity is encumbered by a first mortgage that has a balance of \$6,861 at March 31, 2022. There was no balance outstanding related to the first mortgage at December 31, 2021. The Company is jointly and severally liable for the full mortgage balance.

The following is a summary of the financial position of the unconsolidated affiliates at March 31, 2022 and December 31, 2021.

	 March 31, 2022 (in tho		ecember 31, 2021
ASSETS	(III tilo)	usanc	18)
Real estate investments	\$ 152,403	\$	134,839
Accumulated depreciation	(12,767)		(10,940)
	 139,636		123,899
Cash and cash equivalents	1,213		1,131
Restricted deposits	574		650
Intangible assets, less accumulated amortization	145		41
Other assets, net	349		909
Total Assets	\$ 141,917	\$	126,630
LIABILITIES			
Mortgage notes payable, net	\$ 95,843	\$	87,996
Tenant security deposits payable	125		108
Accrued expenses and other liabilities	7,665		8,029
Total Liabilities	\$ 103,633	\$	96,133
SHAREHOLDERS' EQUITY			
Total Shareholders' Equity	\$ 38,284	\$	30,497
Total liabilities and shareholders' equity	\$ 141,917	\$	126,630

The following is a summary of results of operations of the unconsolidated affiliates for the three months ended March 31, 2022 and 2021.

		Three months ended March 31,			
	20	22	2021		
		(in thousan	ids)		
Income from rental operations	\$	1,730 \$	880		
Expenses from rental operations		812	234		
Net operating income	\$	918 \$	646		
Depreciation and Amortization		1,827	247		
Interest		1,012	417		
Other expense		10	-		
Net loss	\$	(1,931) \$	(18)		

(Dollar amounts in thousands, except share and per share data)

#### **NOTE 6 - LEASE INTANGIBLES**

The following table summarizes the net value of other intangible assets and liabilities and the accumulated amortization for each class of intangible:

As of March 31, 2022	Lease Intangibles					ccumulated mortization	Inta	Lease ngibles, net
Lease Intangible Assets			(i	in thousands)				
In-place leases	\$	15,462	\$	(10,533)	\$	4,929		
Above-market leases		2,466		(1,384)		1,082		
	\$	17,928	\$	(11,917)	\$	6,011		
Lease Intangible Liabilities		-				<del></del>		
Below-market leases	\$	(2,525)	\$	1,759	\$	(766)		
Below market leases	_	(2,323)	Ψ	1,,,,,	_	( )		
As of December 31, 2021		Lease stangibles	A	ecumulated mortization	Inta	Lease ngibles, net		
		Lease	Ac	ccumulated	Inta	Lease		
As of December 31, 2021		Lease	Ac	ccumulated mortization	Inta	Lease		
As of December 31, 2021 Lease Intangible Assets	In	Lease stangibles	Ai Ai	ccumulated mortization in thousands)		Lease ngibles, net		
As of December 31, 2021 Lease Intangible Assets In-place leases	In	Lease stangibles	Ai Ai	ecumulated mortization in thousands) (10,381)		Lease ngibles, net		
As of December 31, 2021 Lease Intangible Assets In-place leases	In	Lease stangibles 15,455 2,617	Ac Ai (i	ecumulated mortization in thousands) (10,381) (1,445)	\$	Lease ngibles, net 5,074 1,172		

The estimated aggregate amortization expense for each of the five succeeding fiscal years and thereafter is as follows:

Years ending December 31,	Intangible Assets (in thous		Intangible Liabilities sands)	
2022 (April 1, 2022 - December 31, 2022)	\$	872	\$ 119	
2023		827	151	
2024		827	151	
2025		827	151	
2026		676	80	
Thereafter		1,982	114	
	\$	6,011	\$ 766	

#### NOTE 7 – LINES OF CREDIT

We have a \$4,915 variable rate (floating LIBOR plus 2.00%) line of credit agreement with Bremer Bank, which expires in June 2022; and a \$5,000 variable rate (floating LIBOR plus 2.00%) line of credit agreement with Bremer Bank, which expires December 2022. The lines of credit are secured by specific properties. At March 31, 2022, the Bremer Bank line of credit secured two letters of credit totaling \$67, leaving \$9,848 available and unused under the agreements. These operating lines are designed to enhance treasury management activities and more effectively manage cash balances. The Trust anticipates renewing the line of credit expiring in the next 12 months to continue to hold it as a cash resource to the Trust. There were no balances outstanding on either line at March 31, 2022 or December 31, 2021.

Certain lines of credit agreements include covenants that, in part, impose maintenance of certain debt service coverage and debt to net worth ratios.

(Dollar amounts in thousands, except share and per share data)

#### **NOTE 8 - MORTGAGE NOTES PAYABLE**

The following table summarizes the Trust's mortgage notes payable.

	Principal Balance At			
	March 31,		December 31,	
	2022		2021	
	(i	n thousands	3)	
Fixed rate mortgage notes payable (a)	\$ 499,3	49 \$	490,413	
Variable rate mortgage notes payable	5,2	.37	5,237	
Mortgage notes payable	504,5	86	495,650	
Less unamortized debt issuance costs	2,4	46	2,508	
	\$ 502,1	40 \$	493,142	

<sup>(</sup>a) Includes \$108,314 and \$108,734 of variable rate mortgage debt that was swapped to a fixed rate at March 31, 2022 and December 31, 2021, respectively.

We are required to make the following principal payments on our outstanding mortgage notes payable for each of the five succeeding fiscal years and thereafter as follows:

Years ending December 31,		Amount
	(in	thousands)
2022 (April 1, 2022 - December 31, 2022)	\$	18,273
2023		52,706
2024		22,279
2025		52,734
2026		45,131
Thereafter		313,463
Total payments	\$	504,586

#### NOTE 9 - DERIVATIVES AND HEDGING ACTIVITIES

As part of our interest rate risk management strategy, we have used derivative instruments to manage our exposure to interest rate movements and add stability to interest expense. Interest rate swaps designated as cash flow hedges involve the receipt of variable rate amounts from a counterparty in exchange for the Trust making fixed rate payments over the life of the agreement without exchange of the underlying notional amount.

As of March 31, 2022, the Trust used 12 interest rate swaps to hedge the variable cash flows associated with variable rate debt. Changes in fair value of the derivatives that are designated and that qualify as cash flow hedges are recorded in accumulated other comprehensive loss and are reclassified into interest expense as interest payments are made on the Trust's variable rate debt. Over the next twelve months, the Trust estimates that an additional \$1,137 will be reclassified as an interest expense.

(Dollar amounts in thousands, except share and per share data)

The following table summarizes the Trust's interest rate swaps as of March 31, 2022, which effectively convert on month floating rate LIBOR to a fixed rate:

		Fixed	
<b>Effective Date</b>	Notional	<b>Interest Rate</b>	<b>Maturity Date</b>
November 1, 2019	\$ 6,780	3.15%	November 1, 2029
November 1, 2019	\$ 4,677	3.28%	November 1, 2029
January 10, 2020	\$ 3,044	3.39%	January 10, 2030
June 11, 2020	\$ 1,524	3.07%	June 15, 2030
June 11, 2020	\$ 2,953	3.07%	June 15, 2030
June 15, 2020	\$ 1,651	2.94%	June 15, 2030
June 15, 2020	\$ 4,369	2.94%	June 15, 2030
July 1, 2020	\$ 4,825	2.79%	June 10, 2030
December 2, 2020	\$ 12,626	2.91%	December 2, 2027
July 1, 2021	\$ 26,119	2.99%	July 1, 2031
November 10, 2021	\$ 28,465	3.54%	August 1, 2029
December 1, 2021	\$ 11,028	3.32%	December 1, 2031

The following table summarizes the Trust's interest rate swaps that were designated as cash flow hedges of interest rate risk:

	Number of I	nstruments	Not	ional
<b>Interest Rate Derivatives</b>	March 31, 2022	December 31, 2021	March 31, 2022	December 31, 2021
Interest rate swaps	12	12 \$	108,061 \$	108,734

The table below presents the estimated fair value of the Trust's derivative financial instruments as well as their classification in the accompanying consolidated balance sheets. The valuation techniques are described in Note 10 to the consolidated financial statements.

		Derivatives						
Derivatives designated as	March 31, 2		Decemb	er 31	, 2021			
cash flow hedges:	Balance Sheet Location Fair Value		<b>Balance Sheet Locatio</b>	ocation Fair Val				
Interest rate swaps	Other assets, net \$	5	5,574	Other assets, net	\$	698		
	Accrued expenses and			Accrued expenses and	l			
Interest rate swaps	other liabilities \$	<b>)</b>	_	other liabilities	\$	1,648		

The carrying amount of the swaps have been adjusted to their fair value at the end of the quarter, which because of changes in forecasted levels of LIBOR, resulted in reporting an asset and liability for the fair value of the future net payments forecasted under the swap. The interest rate swap is accounted for as an effective hedge in accordance with ASC 815-20 whereby it is recorded at fair value and changes in fair value are recorded to comprehensive income.

(Dollar amounts in thousands, except share and per share data)

The following table presents the effect of the Company's derivative financial instruments on the accompanying consolidated statements of operations and other comprehensive loss (income) for the quarters ended March 31, 2022 and 2021:

		Location of Gain	
	Amount of (Gain)/Loss	Reclassified from	
Derivatives in	Recognized in Other	Accumulated other	Amount of (Gain)/Loss
Cash Flow Hedging	Comprehensive Income	Comprehensive Income	Reclassified from
Relationships	on Derivatives	(AOCI) into Income	AOCI into Income
	2022		2022
Interest rate swaps	\$ (6,524)	Interest expense	\$ 361
	2021		2021
Interest rate swaps	\$ (2,384)	Interest expense	\$ 115

#### Credit-risk-related Contingent Features

The Trust's agreements with each of its derivative counterparties also contain a provision whereby if the Trust consolidates with, merges with or into, or transfers all or substantially all of its assets to another entity and the creditworthiness of the resulting, surviving or transferee entity, is materially weaker than the Trust's, the counterparty has the right to terminate the derivative obligations. As of March 31, 2022, the termination value of derivatives in an asset position was \$5,574. As of March 31, 2022, the Trust has pledged the properties related to the loans which are hedged as collateral.

#### NOTE 10 - FAIR VALUE MEASUREMENT

The following table presents the carrying value and estimated fair value of the Company's financial instruments:

	March 31, 2022				Decemb	er 31	er 31, 2021	
	Carrying Value		Fair Value		Carrying Fair Value Value (in thousands)		1	Fair Value
Financial assets:								
Notes receivable	\$	6,893	\$	7,919	\$	7,457	\$	9,840
Derivative assets	\$	5,574	\$	5,574	\$	698	\$	698
Financial liabilities:								
Mortgage notes payable	\$	504,586	\$	520,213	\$	495,650	\$	508,285
Derivative liabilities	\$	_	\$	_	\$	1,648	\$	1,648
Notes receivable Derivative assets  Financial liabilities: Mortgage notes payable	\$	5,574 504,586	\$	7,919 5,574 520,213	\$ \$	7,457 698 495,650		508,2

ASC 820-10 established a three-level valuation hierarchy for fair value measurement. Management uses these valuation techniques to establish the fair value of the assets at the measurement date. These valuation techniques are based upon observable and unobservable inputs. Observable inputs reflect market data obtained from independent sources, while unobservable inputs reflect management's assumptions.

(Dollar amounts in thousands, except share and per share data)

These two types of inputs create the following fair value hierarchy:

- Level 1 Quoted prices for identical instruments in active markets.
- Level 2 Quoted prices for similar instruments in active markets; quoted prices for identical or similar instruments in markets that are not active; and model-derived valuations whose significant inputs are observable.
- Level 3 Instruments whose significant inputs are unobservable.

The guidance requires the use of observable market data, when available, in making fair value measurements. When inputs used to measure fair value fall within different levels of the hierarchy, the level within which the fair value measurement is categorized is based on the lowest level input that is significant to the fair value measurement.

#### Recurring Fair Value Measurements

The following table presents the Company's financial instruments, which are measured at fair value on a recurring basis, by the level in the fair value hierarchy within which those measurements fall. Methods and assumptions used to estimate the fair value of these instruments are described after the table.

	Lev	el 1	 Level 2	_	Level 3	 Total
			(in the	ousan	ds)	
March 31, 2022						
Derivative assets	\$	_	\$ 5,574	\$	_	\$ 5,574
<u>December 31, 2021</u>						
Derivative assets	\$	_	\$ 698	\$	_	\$ 698
Derivative liabilities	\$	_	\$ 1,648	\$	_	\$ 1,648

Derivatives: The fair value of interest rate swaps is determined using a discounted cash flow analysis on the expected future cash flows of the derivative.

The Company has determined that its derivative valuations in their entirety are classified within Level 2 of the fair value hierarchy. In adjusting the fair value of its derivative contracts for the effect of nonperformance risk, the Company has considered any applicable credit enhancements.

#### Fair Value Disclosures

The following table presents the Company's financial assets and liabilities, which are measured at fair value for disclosure purposes, by the level in the fair value hierarchy within which they fall. Methods and assumptions used to estimate the fair value of these instruments are described after the table.

	Level 1		Level 2		Level 3		Total
			(in th	ousa	nds)		
<u>March 31, 2022</u>							
Mortgage notes payable	\$	_	\$ _	\$	520,213	\$	520,213
Notes receivable	\$	_	\$ _	\$	7,919	\$	7,919
<u>December 31, 2021</u>							
Mortgage notes payable	\$	_	\$ _	\$	508,285	\$	508,285
Notes receivable	\$	_	\$ _	\$	9,840	\$	9,840

(Dollar amounts in thousands, except share and per share data)

Mortgage notes payable: The Company estimates the fair value of its mortgage notes payable by discounting the future cash flows of each instrument at rates currently offered to the Company for similar debt instruments of comparable maturities by the Company's lenders. The rates used range from 3.40% to 3.50% and from 3.25% to 3.35% at March 31, 2022 and December 31, 2021, respectively.

*Notes receivable:* The Trust estimates the fair value of its notes receivable by discounting future cash flows of each instrument at rates currently offered to the Trust for similar note instruments of comparable maturities by the Trust's lenders. The rate used was 7.25% at March 31, 2022 and ranged from 3.25% to 3.35% at December 31, 2021.

#### **NOTE 11 – LEASES**

As of March 31, 2022, we derived 83.5% of our revenues from residential leases that are generally for terms of one year or less. The residential leases may include lease income related items such as parking, storage, and non-refundable deposits that we treat as a single lease component because the amenities cannot be leased on their own and the timing and pattern of revenue recognition are the same. The collection of lease payments at lease commencement is probable and therefore we subsequently recognize lease income over the lease term on a straight-line basis. Residential leases are renewable upon consent of both parties on an annual or monthly basis.

As of March 31, 2022, we derived 16.5% of our revenues from commercial leases primarily under long-term lease agreements. Substantially all commercial leases contain fixed escalations, or, in some instances, changes based on the Consumer Price Index, which occur at specified times during the term of the lease. In certain commercial leases, variable lease income, such as percentage rent, is recognized when rents are earned. We recognize rental income and rental abatements from our commercial leases on a straight-line basis over the lease term. Recognition of rental income commences when control of the leased space has been transferred to the tenant.

We recognize variable income from pass-through expenses on an accrual basis over the periods in which the expenses were incurred. Pass-through expenses are comprised of real estate taxes, operating expenses and common area maintenance costs which are reimbursed by tenants in accordance with specific allowable costs per tenant lease agreements. When we pay pass-through expenses, subject to reimbursement by the tenant, they are included within operating expenses, excluding real estate taxes, and reimbursements are included within "real estate rental income" along with the associated base rent in the accompanying consolidated financial statements.

Lease income related to the Company's operating leases is comprised of the following:

		Three months ended March 31, 2022				
	R	Residential		mmercial		Total
		(in thousands)				
Lease income related to fixed lease payments	\$	26,498	\$	4,067	\$	30,565
Lease income related to variable lease payments		_		1,176		1,176
Other (a)		(169)		95		(74)
Lease Income (b)	\$	26,329	\$	5,338	\$	31,667

<sup>(</sup>a) For the three months ended March 31, 2022, "Other" is comprised of revenue adjustments related to changes in collectability and amortization of above and below market lease intangibles and lease inducements.

<sup>(</sup>b) Excludes other rental income for the three months ended March 31, 2022 of \$1,249, which is accounted for under the revenue recognition standard.

(Dollar amounts in thousands, except share and per share data)

		Three mo	onths e	nded March	31, 2	2021
	Residential Commerci				_	Total
Lease income related to fixed lease payments	\$	24,834	\$	4,382	\$	29,216
Lease income related to variable lease payments		_		1,094		1,094
Other (c)		(135)		294		159
Lease Income (d)	\$	24,699	\$	5,770	\$	30,469

- (c) For the three months ended March 31, 2021, "Other" is comprised of revenue adjustments related to changes in collectability and amortization of above and below market lease intangibles and lease inducements.
- (d) Excludes other rental income for the three months ended March 31, 2021 of \$1,291, respectively, which is accounted for under the revenue recognition standard.

As of March 31, 2022, non-cancelable commercial operating leases provide for future minimum rental income as follows. Apartment leases are not included as the terms are generally for one year or less.

Years ending December 31,		Amount				
	(i	in thousands)				
2022 (April 1, 2022- December 31, 2022)	\$	11,715				
2023		15,123				
2024		14,447				
2025		14,272				
2026		13,015				
Thereafter		54,882				
	\$	123,454				

#### **NOTE 12 – RELATED PARTY TRANSACTIONS**

Sterling Management, LLC (the "Advisor"), a North Dakota limited liability company formed in November 2002. The Advisor is responsible for managing day-to-day affairs, overseeing capital projects, and identifying, acquiring, and disposing investments on behalf of the trust.

GOLDMARK Property Management, Inc., a North Dakota limited liability company formed in 1981. GOLDMARK Property Management performs property management services for the Trust.

We have a historical and ongoing relationship with Bell Bank. Bell Bank has provided the Trust certain financial services throughout the relationship.

The Trust has a historical and ongoing relationship with Trumont Group and Trumont Construction. Trumont Group provides development services for current joint venture projects the Operating Partnership is an investor in. Trumont Construction has been engaged to construct the properties associated with these joint ventures. Mr. Regan, Chief Executive Officer and trustee, is a partner in both Trumont Group and Trumont Construction and has a direct material interest in any engagement or related transaction, the Trust enters into, with these entities.

(Dollar amounts in thousands, except share and per share data)

#### Property Management Fee

During the year ended March 31, 2022 and 2021, we paid fees to GOLDMARK Property Management, Inc. related to the management of properties, on-site staff costs and other miscellaneous fees required to run the property of \$3,429 and \$3,064, respectively. Management fees paid during the year ended March 31, 2022 and 2021 approximated 5% of net collected rents. In addition, during the year ended March 31, 2022 and 2021, we paid repair and maintenance expenses, and payroll related expenses to GOLDMARK Property Management, Inc. totaling \$1,799 and \$1,696, respectively.

#### Advisory Agreement

We are an externally managed trust and as such, although we have a Board of Trustees and Executive Officers responsible for our management, we have no paid employees. The following is a brief description of the current fees and compensation that may be and was received by the Advisor under the Advisory Agreement, which must be renewed on an annual basis and approved by a majority of the independent trustees. The Advisory Agreement was approved by the Board of Trustees (including all the independent Trustees) on March 23, 2022 and is effective until March 31, 2023.

The below table summarizes the fees incurred to our Advisor.

	T	Three Months ended March 31,					
	20	22		2021			
		(in thou	sands)				
Fee:							
Advisory	\$	898	\$	807	7		
Acquisition	\$	358	\$	302	2		
Disposition	\$	66	\$		-		
Financing	\$	32	\$	43	3		
Project Management	\$	206	\$	71	1		

The below table summarizes the fees payable to our Advisor.

		Payable at					
	March	March 31,		December 31,			
	202	2		2021			
		(in thou	sands)				
Fee:							
Advisory	\$	303	\$	296			
Financing	\$	-	\$	38			
Development	\$	-	\$	79			
Project Management	\$	105	\$	98			

(Dollar amounts in thousands, except share and per share data)

Operating Partnership Units Issued in Connection with Acquisitions

During the three months ended March 31, 2022, 443,000 Operating Partnership units were issued to an entity affiliated with Messrs. Regan and Wieland, two of our trustees, in connection with the acquisition of various properties. The aggregate value of these units was \$10,180.

During the three months ended March 31, 2021, there were no Operating Partnership units issued.

#### Commissions

During the three months ended March 31, 2022 and 2021, we incurred real estate commissions of \$244 and \$250, respectively, to GOLDMARK Commercial Real Estate, Inc., in which Messrs. Regan and Wieland jointly own a controlling interest. As of March 31, 2022 and December 31, 2021, there were no unpaid commissions to GOLDMARK Commercial Real Estate.

During the three months ended March 31, 2022, we incurred real estate commissions of \$163, to GOLDMARK Property Management. There were no commissions paid to GOLDMARK Property Management for the three months ended March 31, 2021. As of March 31, 2022 and December 31, 2021, there were no unpaid commissions to GOLDMARK Commercial Real Estate.

#### Rental Income

During the three months ended March 31, 2022 and 2021, we received rental income of \$66 and \$67, respectively, under an operating lease agreement with GOLDMARK Property Management, Inc.

During the three months ended March 31, 2022, we received no rental income from GOLDMARK Commercial Real Estate. During the three months ended March 31, 2021 we received rental income of \$14, under an operating lease agreement with GOLDMARK Commercial Real Estate, Inc.

During the three months ended March 31, 2022 and 2021, we received rental income of \$32 and \$21, respectively, under operating lease agreements with our Advisor.

During the three months ended March 31, 2022 and 2021, we received rental income of \$209 and \$122, respectively, under an operating lease agreement with Bell Bank.

#### Other operational activity

During the three months ended March 31, 2022 and 2021, the Trust incurred \$206 and \$174, respectively, for general costs related to business operations as well as capital expenditures related to construction in progress that were paid to related parties. At March 31, 2022 and December 31, 2021, operational outstanding liabilities were \$189 and \$128, respectively.

#### Debt Financing

At March 31, 2022 and December 31, 2021, the Trust had \$65,802 and \$66,365, respectively, of outstanding principal on loans entered into with Bell Bank. During the three months ended March 31, 2022 and 2021, the Trust incurred interest expense on debt held with Bell Bank of \$618 and \$587, respectively. Accrued interest as of March 31, 2022 and December 31, 2021, related to this debt was \$146 and \$148, respectively.

(Dollar amounts in thousands, except share and per share data)

#### Development Arrangements

During the three months ended March 31, 2022, the Trust incurred \$153 in development fees to Trumont Group. No such fees were paid during the three months ended March 31, 2021. At March 31, 2022 and December 31, 2021, the Trust owed \$51 for development fees to Trumont Group.

During the three months ended March 31, 2022, the Trust incurred \$96 in construction fees to Trumont Construction. No such fees were paid during the three months ended March 31, 2021. At March 31, 2022 and December 31, 2021, the Trust owed \$74 and \$29, respectively for construction fees to Trumont Construction.

During the three months ended March 31, 2022, the Trust incurred \$118 in general construction costs to Trumont Construction. No such fees were paid during the three months ended March 31, 2021. At March 31, 2022, the Trust owed \$42 for general construction costs. At December 31, 2021, no general construction costs were owed to Trumont Construction.

#### **NOTE 13 - COMMITMENTS AND CONTINGENCIES**

#### **Environmental Matters**

Federal law (and the laws of some states in which we own or may acquire properties) imposes liability on a landowner for the presence on the premises of hazardous substances or wastes (as defined by present and future federal and state laws and regulations). This liability is without regard to fault or knowledge of the presence of such substances and may be imposed jointly and severally upon all succeeding landowners. If such hazardous substance is discovered on a property acquired by us, we could incur liability for the removal of the substances and the cleanup of the property.

There can be no assurance that we would have effective remedies against prior owners of the property. In addition, we may be liable to tenants and may find it difficult or impossible to sell the property either prior to or following such a cleanup.

#### Risk of Uninsured Property Losses

We maintain property damage, fire loss, and liability insurance. However, there are certain types of losses (generally of a catastrophic nature) which may be either uninsurable or not economically insurable. Such excluded risks may include war, earthquakes, tornadoes, certain environmental hazards, and floods. Should such events occur, (i) we might suffer a loss of capital invested, (ii) tenants may suffer losses and may be unable to pay rent for the spaces, and (iii) we may suffer a loss of profits which might be anticipated from one or more properties.

#### Litigation

The Trust is subject, from time to time, to various legal proceedings and claims that arise in the ordinary course of business. While the resolution of such matters cannot be predicted with certainty, management believes, based on currently available information, that the final outcome of such matters will not have a material effect on the financial statements of the Trust.

(Dollar amounts in thousands, except share and per share data)

#### **NOTE 14 – DISPOSITIONS**

During the year ended March 31, 2022, the Trust disposed of one property located in Savage, Minnesota, for \$2,700 and recognized a gain of \$1,329. During the year ended March 31, 2021, the Operating Partnership did not dispose of any properties.

#### NOTE 15 – ACQUISITIONS

The Trust had one acquisition during the three months ended March 31, 2022.

Date	Property Name	Location	Property Type	Square Footage/ Acres	 Total Acquisition Cost
2/28/22	Deer Park	Hutchinson, MN	Apartment Complex	138 units	\$ 15,073
					\$ 15,073

Total consideration given for acquisitions through March 31, 2022 was completed through issuing approximately 443,000 limited partnership units of the Operating Partnership valued at \$23 per unit for an aggregate consideration of approximately \$10,180, and cash of \$4,893. The value of units issued in exchange for property is determined through a value established annually by our Board of Trustees and reflects the fair value at the time of issuance. The following table summarizes the acquisition date fair values, before pro-rations, the Company recorded in conjunction with the acquisitions discussed above:

	1 III cc III o	i ii ce montus enaca							
	Mar	ch 31,							
	2022	2021							
	(in the	usands)							
Real estate investment acquired	\$ 14,831	\$ -							
Acquired lease intangible assets	260	-							
Assumed Assets	2	-							
Total Assets Acquired	\$ 15,093	\$ -							
Other liabilities	(20)	-							
Net assets acquired	15,073	-							
Equity/limited partnership unit consideration	(10,180)	-							
Net cash consideration	\$ 4,893	\$ -							

#### **NOTE 16 - SUBSEQUENT EVENTS**

On April 15, 2022, we paid a dividend or distribution of \$0.2875 per share on our common shares of beneficial interest or limited partnership units, respectively, to common shareholders and limited partnership unit holders of record on March 31, 2022.

On May 2, 2022, the Trust received proceeds of \$2,013, related to a note receivable that was outstanding at March 31, 2022.

Pending acquisitions and dispositions are subject to numerous conditions and contingencies and there are no assurances that the transactions will be completed.

We have evaluated subsequent events through the date of this filing. We are not aware of any other subsequent events which would require recognition or disclosure in the consolidated financial statements.

All dollar amounts in this Form 10-Q in Part I Items 2. through 4. and Part II Items 2. are stated in thousands with the exception of share and per share amounts, unless otherwise indicated.

#### Item 2. Management's Discussion and Analysis of Financial Condition and Results of Operations.

#### Safe Harbor Statement Under the Private Securities Litigation Reform Act of 1995

Certain statements contained in this section and elsewhere in this Form 10-Q constitute "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995. Such forward-looking statements involve a number of known and unknown risks, uncertainties and other factors which may cause our actual results, performance, or achievements to be materially different from any future results, performance or achievements expressed or implied by such forward-looking statements. Please see "Note Regarding Forward-Looking Statements" and "Risk Factors" for more information. Readers are cautioned not to place undue reliance on these forward-looking statements, which speak only as of the date the statements were made and are not guarantees of future performance.

#### Overview

Sterling Real Estate Trust d/b/a Sterling Multifamily Trust ("Sterling," "the "Trust" or the "Company") is a registered, but unincorporated business trust organized in North Dakota in December 2002. Sterling has elected to be taxed as a Real Estate Investment Trust ("REIT") under Sections 856-860 of the Internal Revenue Code, which requires that 75% of the assets of a REIT must consist of real estate assets and that 75% of its gross income must be derived from real estate. The net income of the REIT is allocated in accordance with the stock ownership in the same fashion as a regular corporation. Our real estate portfolio consisted of 182 properties containing 10,926 apartment units and approximately 1,607,000 square feet of leasable commercial space as of March 31, 2022. The portfolio has a net book value of real estate investments (cost less accumulated depreciation) of approximately \$727,279, which includes construction in progress. Sterling's current acquisition strategy and focus is on multifamily apartment properties.

#### Critical Accounting Estimates

Below are accounting policies and estimates that management believes are critical to the preparation of the unaudited consolidated financial statements included in this Report. Certain accounting policies used in the preparation of these consolidated financial statements are particularly important for an understanding of the financial position and results of operations presented in the historical consolidated financial statements included in this Report. A summary of significant accounting policies is also provided in the aforementioned notes to our consolidated financial statements (see note 2 to the unaudited consolidated financial statements). These policies require the application of judgment and assumptions by management and, as a result, are subject to a degree of uncertainty. Due to this uncertainty, actual results could differ materially from estimates calculated and utilized by management.

#### Impairment of Real Estate Investments

The Trust will review each property within its portfolio, every quarter for potential impairment through various screening mechanisms (identifiers) to determine if there are indicators of impairment on a property. If so, the property is further analyzed through an undiscounted cash flow test. An identifier is not an indicator or triggering event for impairment; however, it is a mechanism to highlight an item on a property, which warrants further consideration and analysis to determine if an indicator is present. The following are examples of activities that are review quarterly:

- An individual property's weighted average cost of capital is not meeting its required rate as calculated by management.
- Significant decline in Operational NOI in relation to individual residential properties.
- Significant decline in NOI in relation to individual commercial properties.
- Significant quarter over quarter decrease in occupancy.

If the presence of one or more impairment identifier is noted through a screening mechanism at the end of the reporting period or throughout the year with respect to an investment property, the asset is further analyzed to determine if an indicator of impairment exists. If further analysis does not explain the properties performance, the Trust considers this to

provide evidence that an indicator of impairment does exist, the property is then subject to additional impairment analysis, and an undiscounted cash flow analysis is performed on the individual property. Indicators of impairment include:

• Sustained reduction in cash flows/NOI that was not due to a planned action taken by the Company to improve long term operations and where discussion and review with the Portfolio management team cannot support a significant decline or insufficient NOI Coverage.

Additionally, Sterling considers certain occurrences at a property to be a triggering event, causing an analysis of impairment to occur, and an undiscounted cash flow analysis is performed. Triggering Events of impairment include:

- Continued difficulty in leasing property or renewing existing leases. Factors considered include:
  - Competitors building significantly newer properties.
  - Competitors are relocating out of the area.
  - Tenant downsizing and needing less square footage.
  - Significant decrease in market prices not in line with general market trends.
  - Property make-up of units is not in line with market trends.
  - Demographics of property.
- A significant adverse change in the extent or manner in which a long-lived asset (asset group) is being used or in its
  physical condition.
- A significant adverse change in legal factors or in the business climate that could affect the value of a long-lived asset (asset group), including an adverse action or assessment by a regulator.
- A current expectation that, "more likely than not," a long-lived asset (asset group) will be sold or otherwise disposed
  of significantly before the end of its previously estimated useful life. The term more likely than not refers to a level
  of likelihood that is more than 50 percent. As such, any property approved by the Board of Trustees to be sold, will
  be evaluated for impairment.

To the extent impairment has occurred, the Trust will record an impairment charge calculated as the excess of the carrying value of the asset over its fair value for impairment of investment properties. Based on evaluation, there were no impairment losses during the three months ended March 31, 2022 and 2021.

There have been no material changes in our Critical Accounting Policies as disclosed in Note 2 to our financial statements for the year ended March 31, 2022 included elsewhere in this report.

#### Acquisition of Real Estate Investments

The Company allocates the purchase price of properties that meet the definition of an asset acquisition to net tangible and identified intangible assets acquired based on their relative fair values. In making estimates of relative fair values for purposes of allocating purchase price, the Company utilizes a number of sources, including independent appraisals that may be obtained in connection with the acquisition or financing of the respective property, our own analysis of recently acquired and existing comparable properties in our portfolio and other market data. The Company also considers information obtained about each property as a result of its pre-acquisition due diligence, marketing, and leasing activities in estimating the relative fair value of the tangible and intangible assets acquired.

#### REIT Status

We operate in a manner intended to enable us to continue to qualify as a REIT under Sections 856-860 of the Internal Revenue Code. Under those sections, a REIT which distributes at least 90% of its REIT taxable income, excluding net capital gains, as a distribution to its shareholders each year and which meets certain other conditions will not be taxed on that portion of its taxable income which is distributed to its shareholders. We intend to distribute to our shareholders 100% of our taxable income. Therefore, no provision for Federal income taxes is required. If we fail to distribute the required amount of income to our shareholders, we would fail to qualify as a REIT and substantial adverse tax consequences may result.

#### Principal Business Activity

Sterling currently directly owns 182 properties. The Trust's 138 residential properties are located in North Dakota, Minnesota, Missouri, and Nebraska and are principally multifamily apartment buildings. The Trust owns 44 commercial properties primarily located in North Dakota with others located in Arkansas, Colorado, Iowa, Louisiana, Michigan, Minnesota, Mississippi, Nebraska, and Wisconsin. The commercial properties include retail, office, industrial, and medical properties. The Trust's mix of properties is 76.1% residential and 23.9% commercial (based on cost) with a total carrying value of \$727,279 at March 31, 2022. Currently our focus is limited to multifamily apartment properties. We will consider unsolicited offers for purchase of commercial properties on a case-by-case basis.

The following table represents the number of properties the Trust owns in each state as of March 31, 2022.

Residential Property	Location	No. of Properties	Units
	North Dakota	117	6,958
	Minnesota	16	3,169
	Missouri	1	164
	Nebraska	4	639
		138	10,930
Commercial Property	Location	No. of Properties	Sq. Ft
	North Dakota	20	772,000
	Arkansas	2	28,000
	Colorado	1	17,000
	Iowa	1	33,000
	Louisiana	1	15,000
	Michigan	1	12,000
	Minnesota	11	633,000
	Mississippi	1	15,000
	Nebraska	1	19,000
	Wisconsin	5	63,000
		44	1,607,000

#### **Results of Operations**

#### **Management Highlights**

- Increased revenues from rental operations by \$1,535 or 5.9% for the three months ended March 31, 2022, compared to the same three month-period in 2021.
- One residential property with a total cost of \$15,073 was acquired during the three months ended March 31, 2022.
- Disposed of one commercial property during the three months ended March 31, 2022.
- Declared and paid dividends aggregating \$1.1500 per common share for the three months ending March 31, 2022.

#### Results of Operations for the Three Months Ended March 31, 2022 and 2021

	Three mo	nths ended Mar	ch 31, 2022	Three months ended March 31,			
	Residential	Commercial (unaudited) (in thousands)	Total	Residential	Commercial (unaudited) (in thousands)	Total	
Real Estate Revenues	\$ 27,494	\$ 5,422	\$ 32,916	\$ 25,959	\$ 5,801	\$ 31,760	
Real Estate Expenses							
Real Estate Taxes	2,846	651	3,497	2,579	665	3,244	
Property Management	3,443	203	3,646	3,092	188	3,280	
Utilities	3,409	360	3,769	2,584	240	2,824	
Repairs and Maintenance	5,974	433	6,407	4,829	382	5,211	
Insurance	836	31	867	763	29	792	
Total Real Estate Expenses	16,508	1,678	18,186	13,847	1,504	15,351	
Net Operating Income	\$ 10,986	\$ 3,744	14,730	\$ 12,112	\$ 4,297	16,409	
Interest			4,845			4,287	
Depreciation and amortization			5,782			5,328	
Administration of REIT			1,217			1,201	
Other income			(503)			(243)	
Net Income			\$ 3,389			\$ 5,836	
Net Income Attributed to:							
Noncontrolling Interest			\$ 2,175			\$ 3,784	
Sterling Real Estate Trust			\$ 1,214			\$ 2,052	
Dividends per share (1)			\$ 0.2875			\$ 0.2650	
Earnings per share			\$ 0.1200			\$ 0.2100	
Weighted average number of common shares			10,465			9,983	

<sup>(1)</sup> Does not take into consideration the amounts distributed by the Operating Partnership to limited partners.

#### Revenues

Property revenues of \$32,916 for the three months ended March 31, 2022 increased \$1,156 or 3.6% in comparison to the same period in 2021. Residential property revenues increased \$1,535 and commercial property revenues decreased \$379.

The following table illustrates changes in occupancy for the three-month periods indicated:

	March 31,	March 31,
	2022	2021
Residential occupancy	94.1 %	94.7 %
Commercial occupancy	74.8 %	91.9 %

Residential revenues for the three months ended March 31, 2022 increased \$1,535 or 5.9% in comparison to the same period for 2021. Residential properties acquired since January 1, 2021 contributed approximately \$1,444 to the increase in total residential revenues for the three months ended March 31, 2022. The remaining increase is due to increased rent charges at our stabilized properties. Residential revenues comprised 83.5% of total revenues for the three months ended March 31, 2022 compared to 81.7% of total revenues for the three months ended March 31, 2021. The residential occupancy rates for the three months ended March 31, 2022 decreased 0.6% primarily due to increased vacancy.

For the three months ended March 31, 2022, total commercial revenues decreased \$379 or 6.5% in comparison to the same period for 2021. The decrease was primarily attributed to the disposition of three commercial real estate investments in 2022 and 2021. These properties account for \$234 of decreased commercial rent during the three months ended March 31, 2022. Increased vacancy in the Minneapolis market accounts for \$325 of decreased commercial revenue. The commercial occupancy rates for the year ended March 31, 2022 decreased 17.1% primarily due to office spaces located in the Minnesota market.

#### Expenses

Residential expenses from operations of \$16,508 during the three months ended March 31, 2022 increased \$2,661 or 19.2% in comparison to the same period in 2021. The increase is attributed to an increase in repairs and maintenance expense of \$1,145 or 23.7%. Properties acquired since January 1, 2021 attributed \$266 to the increase in repairs and maintenance expense. Additionally, increased project and upgrade costs, which are considered to be deferred maintenance costs from the year ended 2020, due to COVID-19 restrictions attribute to the increase in repairs and maintenance expense during the three months ended March 31, 2022. The increase is also attributed to an increase in utility expense of \$825 or 31.9% as well as an increase in property management expense of \$351 or 11.4%. The main reason for the increases in utility and property management expenses is related to the properties acquired since January 1, 2021, which account for \$196 and \$187 of the increase, respectively.

Commercial expenses from operations of \$1,678 during the three months ended March 31, 2022 increased \$174 or 11.6% in comparison to the same period in 2021. The increase in overall expenses is attributed to an increase in utility expense of \$120 or 50.0%. Repair and maintenance expenses during the three months ended March 31, 2022 increased by \$51 or 13.4% in comparison to the same period 2021, also contributed to the overall increase.

Interest expense of \$4,845 during the three months ended March 31, 2022 increased \$558 or 13.0% in comparison to the same period in 2021. Interest expense related to financing activities increased by \$451 during the three months ended March 31, 2022 as compared to the same period in 2021. The Trust continued to take advantage of the low interest rate environment throughout 2021 and into the first quarter of 2022 as we refinanced high-rate loans for new, lower rate mortgages while also financing new mortgage debt to raise capital. Though the overall debt and interest expense increased, the refinances and additional financing completed, improved the Trust's weighted average interest rate by 19 basis points to 3.79% at March 31, 2022, as compared to 3.98% at March 31, 2021. Capitalized interest expense related to construction in progress increased \$70 during the three months ended March 31, 2022. During the three months ended March 31, 2022, interest expense was 14.7% of total revenues.

Depreciation and amortization expense of \$5,782 during the three months ended March 31, 2022 increased \$454 or 8.5%. Properties acquired since January 1, 2021, contributed approximately \$359 to the increase in depreciation expense. Amortization expense will continue to decrease as lease intangibles become fully amortized but will increase upon acquisitions of intangible assets. Depreciation and amortization expense as a percentage of rental income for the year ended March 31, 2022 and 2021was 17.6% and 16.8%, respectively.

REIT administration expenses of \$1,217 during the three months ended March 31, 2022 increased \$16 or 1.3% compared to the same period in 2021. The increase is attributable to an increase in the amount of the REIT advisory fee.

Other income of \$503 for the three months ended March 31, 2022 increased \$260 or 107.0% in comparison to the same period in 2021. The increase is attributed to realized gains on the sale of real estate investments of \$1,329 as compared to 2021. The increase is offset by a decrease in equity in affiliates of \$1,141, caused by depreciation expense related to two developments being put into service.

#### **Construction in Progress and Development Projects**

The Trust capitalizes direct and certain indirect project costs incurred during the development period such as construction, insurance, architectural, legal, interest and other financing costs, and real estate taxes. At such time as the development is considered substantially complete, the capitalization of certain indirect costs such as real estate taxes and interest and financing costs cease, and all project-related costs included in construction in process are reclassified to land and building and other improvements.

Construction in progress as of March 31, 2022, consists primarily of construction at residential properties located in North Dakota and Minnesota. Prairiewood Meadows located in Fargo, North Dakota consists of the re-development of one building due to a fire, a water main break, a new club house for residents, parking lot additions and repairs and replacement of windows and patio doors on the other two buildings. The re-development of one building is substantially complete with current expectations to be completed in the early second quarter of 2022. The parking lot and clubhouse will remain in construction phase throughout the second and third quarter of 2022. The current budget for this property is \$3,884 of which \$2,622 has been incurred and accrued for in construction in progress. Parkwest Gardens located in Fargo, North Dakota is adding a club house for residents through the second and third quarter of 2022. As of March 31, 2022, the property was still in the design phase of the project where budgeted for this property to date is \$470 of which \$25 has incurred in construction in progress. Maplewood Apartments located in Maplewood, Minnesota consists of parking lot repairs and reconstruction of one building due to a fire affecting multiple units and common areas. The current budget for this property is \$577 of which \$458 of which has incurred. Both improvements are expected to be completed in the second quarter of 2022 pending weather.

#### **Funds From Operations (FFO)**

Funds From Operations (FFO) applicable to common shares and limited partnership units means net income (computed in accordance with GAAP), excluding gains (or losses) from sales of property, plus depreciation and amortization, and after adjustments for unconsolidated partnerships and joint ventures. Adjustments for unconsolidated partnerships and joint ventures will be calculated to reflect funds from operations on the same basis.

Historical cost accounting for real estate assets implicitly assumes the value of real estate assets diminishes predictably over time. Since real estate values have historically risen or fallen with market conditions, many industry investors have considered presentations of operating results for real estate companies that use historical cost accounting to be insufficient by themselves. The term Funds From Operations (FFO) was created to address this problem. It was intended to be a standard supplemental measure of REIT operating performance that excluded historical cost depreciation from — or "added back" to — GAAP net income.

Our management believes this non-GAAP measure is useful to investors because it provides supplemental information that facilitates comparisons to prior periods and for the evaluation of financial results. Management uses this non-GAAP measure to evaluate our financial results, develop budgets and manage expenditures. The method used to produce non-GAAP results is not computed according to GAAP, is likely to differ from the methods used by other companies and should not be regarded as a replacement for corresponding GAAP measures. Management encourages the review of the reconciliation of this non-GAAP financial measure to the comparable GAAP results.

Since the introduction of the definition of FFO, the term has come to be widely used by REITs. In the view of National Association of Real Estate Investment Trusts ("NAREIT"), the use of the definition of FFO (combined with the primary GAAP presentations required by the Securities and Exchange Commission) has been fundamentally beneficial, improving the understanding of operating results of REITs among the investing public and making it easier to compare the results of one REIT with another.

While FFO applicable to common shares and limited partnership units are widely used by REITs as performance metrics, all REITs do not use the same definition of FFO or calculate FFO in the same way. The FFO reconciliation presented here is not necessarily comparable to FFO presented by other real estate investment trusts. FFO should also not be considered as an alternative to net income as determined in accordance with GAAP as a measure of a real estate investment trust's performance, but should be considered as an additional, supplemental measure, and should be viewed in conjunction with net income as presented in the consolidated financial statements included in this report. FFO applicable to common shares

and limited partnership units does not represent cash generated from operating activities in accordance with GAAP and is not necessarily indicative of sufficient cash flow to fund a real estate investment trust's need or its ability to service indebtedness or to pay dividends to shareholders.

The following tables include calculations of FFO and the reconciliations to net income, during the three months ended March 31, 2022 and 2021, respectively. We believe these calculations are the most comparable GAAP financial measure:

Reconciliation of Net Income Attributable to Sterling to FFO Applicable to Common Shares and Limited Partnership Units

	Three months ended March 31, 20			Th	ree months	ended March 31, 2021	
			Weighted Avg Shares and			Weighted Avg Shares and	
	A	mount	Units		Amount	Units	
			(unaı (in tho		,		
Net Income attributable to Sterling Real Estate Trust	\$	1,214	10,465	\$	2,052	9,983	
Add back:							
Noncontrolling Interest - OPU		2,145	18,495		3,753	18,260	
Depreciation & Amortization from continuing operations		5,782			5,328		
Pro rata share of unconsolidated affiliate depreciation and amortization		1,089			140		
Subtract:							
Gain on sale of land, depreciable real estate, investment in equity method investee, and change in control of real estate investments		(1,329)			_		
Funds from operations applicable to common shares and limited partnership units (FFO)	\$	8,901	28,960	\$	11,273	28,243	

#### **Liquidity and Capital Resources**

#### Evaluation of Liquidity

We continually evaluate our liquidity and ability to fund future operations, debt obligations, and any repurchase requests. As part of our analysis, we consider among other items, the credit quality of tenants, and current lease terms and projected expiration dates, as well as the effect of the COVID-19 pandemic on rental income proceeds.

Our principal demands for funds will be for the: (i) acquisition of real estate and real estate-related investments, (ii) payment of acquisition related expenses and operating expenses, (iii) payment of dividends/distributions, (iv) payment of principal and interest on current and any future outstanding indebtedness, (v) redemptions of our securities under our redemption plans and (vi) capital improvements, development projects, and property related expenditures. Generally, we expect to meet cash needs for the payment of operating expenses and interest on outstanding indebtedness from cash flow from operations. We expect to pay dividends/distributions and any repurchase requests to our shareholders and the unit holders of our Operating Partnership from cash flow from operations; however, we may use other sources to fund dividends/distributions and repurchases, as necessary.

At March 31, 2022, our unrestricted cash resources consisted of cash and cash equivalents totaling approximately \$49,854. Our unrestricted cash reserves can be used for working capital needs and other commitments. In addition, we had unencumbered properties with a gross book value of \$65,684, which could potentially be used as collateral to secure additional financing in future periods.

The Trust has a \$4,915 variable rate (floating LIBOR plus 2.00%) line of credit agreement with Bremer Bank, which expires in June 2022; and a \$5,000 variable rate (floating LIBOR plus 2.00%) line of credit agreement with Bremer Bank, which expires December 2022. The lines of credit are secured by specific properties. At March 31, 2022, the Bremer lines of credit secured two letters of credit totaling \$67, leaving \$9,848 available and unused under the agreements. The Trust anticipates renewing the line of credit expiring in the next 12 months to continue to hold it as a cash resource to the Trust.

The sale of our securities and issuance of limited partnership units of the Operating Partnership in exchange for property acquisitions and sale of additional common or preferred shares is also expected to be a source of long-term capital for the Trust.

During the three months ended March 31, 2022, we did not sell any common shares in private placements. During the three months ended March 31, 2022, we issued 79,000 and 57,000 common shares under the dividend reinvestment plan and optional share purchases, respectively, which raised gross proceeds of \$3,029. During the three months ended March 31, 2021, we did not sell any common shares in private placements. During the three months ended March 31, 2021, we issued 89,000 and 65,000 common shares under the dividend reinvestment plan and as optional share purchases, respectively, which raised gross proceeds of \$2,993.

Additionally, to reduce our cash investment and liquidity needs, the Trust utilizes the UPREIT structure whereby we can acquire property in whole or in part by issuing partnership units in lieu of cash payments. During the three months ended March 31, 2022, the Trust issued approximately 443,000 limited partnership units of the Operating Partnership valued at \$23.00 per unit for an aggregate consideration of approximately \$10,180 for the purchase of real estate investments. No limited partnership units of the Operating Partnership were issued in relation to the acquisition of real estate investments for the three months ended March 31, 2021.

The Board of Trustees, acting as general partner for the Operating Partnership, determined an estimate of fair value for the limited partnership units exchanged through the UPREIT structure. In determining this value, the Board relied upon their experience with, and knowledge about, the Trust's real estate portfolio and debt obligations. The Board typically determines the fair value on an annual basis. The Trustees determine the fair value, in their sole discretion and use data points to guide their determination which is typically based on a consensus of opinion. Thus, the Trust does not employ any specific valuation methodology or formula. Rather, the Board looks to available data and information, which is often adjusted and weighted to comport more closely with the assets held by the Trust at the time of valuation. The principal valuation methodology utilized is the NAV calculation/direct capitalization method. The information made available to the Board is assembled by the Trust's Advisor. In addition, the Board considers how the price chosen will affect existing share and unit values, redemption prices, dividend coverage ratios, yield percentages, dividend reinvestment factors, and future UPREIT transactions, among other considerations and information. The fair value was not determined based on, nor intended to comply with, fair value standards under US GAAP and the value may not be indicative of the price we would get for selling our assets in their current condition. At this time, no shares are held in street name accounts and the Trust is not subject to FINRA's specific pricing requirements set out in Rule 2340 or otherwise.

As with any valuation methodology, the methodologies utilized by the Board in reaching an estimate of the value of the shares and limited partnership units are based upon a number of estimates, assumptions, judgments, or opinions that may, or may not, prove to be correct. The use of different estimates, assumptions, judgments, or opinions would likely have resulted in significantly different estimates of the value of the shares and limited partnership units. In addition, the Board's estimate of share and limited partnership unit value is not based on the book values of our real estate, as determined by GAAP, as our book value for most real estate is based on the amortized cost of the property, subject to certain adjustments.

Cash on hand, together with cash from operations and access to the lines of credit, is expected to provide sufficient capital to meet the Company's needs for at least the next 12 months and as appropriate, we will use cash flows from operations, net proceeds from share offerings, debt proceeds, and proceeds from the disposition of real estate investments to meet long term liquidity demands.

#### Credit Quality of Tenants

We are exposed to credit risk within our tenant portfolio, which can reduce our results of operations and cash flow from operations if our tenants are unable to pay their rent. Tenants experiencing financial difficulties may become delinquent on their rent or default on their leases and, if they file for bankruptcy protection, may reject our lease in bankruptcy court, resulting in reduced cash flow. This may negatively impact net asset values and require us to incur impairment charges. Even if a default has not occurred and a tenant is continuing to make the required lease payments, we may restructure or renew leases on less favorable terms, or the tenant's credit profile may deteriorate, which could affect the value of the leased asset and could in turn require us to incur impairment charges.

To mitigate credit risk on commercial properties, we have historically looked to invest in assets that we believe are critically important to our tenants' operations and have attempted to diversify our portfolio by tenant, tenant industry and geography. We also monitor all of our property's performance through review of rent delinquencies as a precursor to a potential default, meetings with tenant management and review of tenants' financial statements and compliance with financial covenants. When necessary, our asset management process includes restructuring transactions to meet the evolving needs of tenants, refinancing debt and selling properties, as well as protecting our rights when tenants default or enter into bankruptcy.

#### Lease Expirations and Occupancy

Our residential leases are for a term of one year or less. The Advisor, with the assistance of our property managers, actively manages our real estate portfolio and begins discussing options with tenants in advance of scheduled lease expirations. In certain cases, we may obtain lease renewals from our tenants; however, tenants may elect to move out at the end of their term. In the cases where tenants elect not to renew, we may seek replacement tenants or try to sell the property.

#### Cash Flow Analysis

Our objectives are to generate sufficient cash flow over time to provide shareholders with increasing dividends and to seek investments with potential for strong returns and capital appreciation throughout varying economic cycles. We have funded 100% of the dividends from operating cash flows. In setting a dividend rate, we focus primarily on expected returns from investments we have already made to assess the sustainability of a particular dividend rate over time.

	Three months ended March 31,				
	2022 2021				
		(in thou	ısands)		
Net cash flows provided by operating activities	\$	7,457	\$	8,909	
Net cash flows used in investing activities	\$	(10,187)	\$	(4,116)	
Net cash flows provided by (used in) financing activities	\$	3,567	\$	(2,081)	

#### Operating Activities

Our real estate properties generate cash flow in the form of rental revenues, which is reduced by interest payments, direct lease costs and property-level operating expenses. Property-level operating expenses consist primarily of property management fees including salaries and wages of property management personnel, utilities, cleaning, repairs, insurance, security and building maintenance cost, and real estate taxes. Additionally, we incur general and administrative expenses, advisory fees, acquisition and disposition expenses and financing fees.

Net cash provided by operating activities was \$7,452 and \$8,909 for the year ended March 31, 2022 and 2021, respectively, which consists primarily of net income from property operations adjusted for non-cash depreciation and amortization.

#### Investing Activities

Our investing activities generally consist of real estate-related transactions (purchases and sales of properties) and payments of capitalized property-related costs such as intangible assets and reserve escrows.

Net cash used in investing activities was \$10,187 and \$4,116 for the three months ended March 31, 2022 and 2021, respectively (this does not include the value of UPREIT units issued in connection with investing activities). For the three months ended March 31, 2022 and 2021, cash flows used in investing activities related to the acquisition of properties and capital expenditures was \$7,295 and \$3,686, respectively. Cash outlays related to investments in unconsolidated affiliates was \$6,444 and \$2,090 during the three months ended March 31, 2022 and 2021, respectively. Proceeds from involuntary conversions for the three months ended March 31, 2022 and 2021 was \$261 and \$1,642, respectively. Proceeds from sale of real estate investments during the three months ended March 31, 2022 was \$2,622. During the three months ended March 31, 2021, there were no proceeds from the sale of real estate investments.

#### Financing Activities

Our financing activities generally consist of funding property purchases by raising proceeds and securing mortgage notes payable as well as paying dividends, paying syndication costs, and making principal payments on mortgage notes payable.

Net cash provided by financing activities was \$3,567 and used in financing activities \$2,081 for the three months ended March 31, 2022 and 2021, respectively. During the three months ended March 31, 2022, we paid \$5,851 in dividends and distributions, redeemed \$736 of shares and units, received proceeds of \$12,867 from new mortgage notes, and made mortgage principal payments of \$3,931. For the three months ended March 31, 2021, we paid \$5,761 in dividends and distributions, redeemed \$1,405 of shares and units, received proceeds of \$18,485 from new mortgage notes, and made mortgage principal payments of \$14,528.

#### Dividends and Distributions

#### Common Stock

We declared cash dividends to our shareholders during the period from January 1, 2022 to March 31, 2022 totaling \$3,007 or \$0.2875 per share, of which \$1,130 were cash dividends and \$1,877 were reinvested under the dividend reinvestment plan. The cash dividends were paid with the \$7,457 from our cash flows from operations.

We declared cash dividends to our shareholders during the period from January 1, 2021 to March 31, 2021 totaling \$2,642 or \$0.2650 per share, of which \$963 were cash dividends and \$1,679 were reinvested under the dividend reinvestment plan. The cash dividends were paid with the \$8,909 from our cash flows from operations.

We continue to provide cash dividends to our shareholders from cash generated by our operations. The following chart summarizes the sources of our cash used to pay dividends. Our primary source of cash is cash flow provided by operating activities from our investments as presented in our cash flow statement. We also include distributions from unconsolidated affiliates to the extent that the underlying real estate operations in these entities generate cash and the gain on sale of properties relates to net profits from the sale of certain properties. Our presentation is not intended to be an alternative to our consolidated statement of cash flows and does not present all sources and uses of our cash.

The following table presents certain information regarding our dividend coverage:

	Three months ended March 31,			
		2022	:	2021
		(in the	ousands)	
Cash flows provided by operations (includes net income of \$3,389 and \$5,836, respectively)	\$	7,457	\$	8,909
Distributions in excess of earnings received from unconsolidated affiliates		105		1
Gain on sales of real estate and non-real estate investments		1,329		_
Dividends declared		(3,007)		(2,642)
Excess	\$	5,884	\$	6,268

#### Limited Partnership Units

The Operating Partnership agreement provides that our Operating Partnership will distribute to the partners (subject to certain limitations) cash from operations on a quarterly basis (or more frequently, if we so elect) in accordance with the percentage interests of the partners. We determine the amounts of such distributions in our sole discretion.

For the three months ended March 31, 2022, we declared quarterly distributions totaling \$5,359 to holders of limited partnership units in our Operating Partnership, which we paid on April 15, 2022. Distributions were paid at a rate of \$0.2875 per unit per quarter, which is equal to the per share distribution rate paid to the common shareholders.

For the three months ended March 31, 2021, we declared quarterly distributions totaling \$4,835 to holders of limited partnership units in our Operating Partnership, which we paid on April 15, 2021. Distributions were paid at a rate of \$0.2650 per unit per quarter, which is equal to the per share distribution rate paid to the common shareholders.

#### Sources of Dividends and Distributions

For the three months ended March 31, 2022, aggregate dividends and distributions of \$8,366, are funded with cash flows provided by operating activities and distributions from unconsolidated affiliates. Our funds from operations, or FFO, was \$8,901 for the three months ended March 31, 2022; therefore, we believe our dividend and distribution policy is sustainable over time. For the three months ended March 31, 2021, we paid aggregate dividends and distributions of \$7,477 with cash flows provided by operating activities and distributions from unconsolidated affiliates. Our FFO was \$11,273 as of the three months ended March 31, 2021. For a further discussion of FFO, including a reconciliation of FFO to net income, see "Funds from Operations" above.

#### **Recently Issued Accounting Pronouncements**

For a discussion of recently issued accounting pronouncements, see Note 2, Principal Activity and Significant Accounting Policies—Recently Issued Accounting Pronouncements, to the consolidated financial statements that are a part of this Annual Report on Form 10-Q.

#### Item 3. Quantitative and Qualitative Disclosures about Market Risk

The Trust is exposed to certain risk arising from both its business operations and economic conditions and principally manages its exposures to a wide variety of business and operational risks through management of its core business activities. The Trust manages economic risks, liquidity, and credit risk primarily by managing the amount, sources, and duration of its assets and liabilities. The principal material financial market risk to which we are exposed, is interest-rate risk, which the Trust manages through the use of derivative financial instruments. Specifically, the Trust enters into derivative financial instruments to manage exposures that arise from business activities that result in the receipt or payment of future known and uncertain cash amounts, the value of which are determined by interest rates. During the three months ended March 31, 2022, the Trust used 12 interest rate swaps to hedge the variable cash flows associated with market interest rate risk. These swaps have an aggregated notional amount of \$108,061 at March 31, 2022. We do not enter into derivative instruments for trading or speculative purposes. The interest rate swaps expose us to credit risk in the event of non-performance by the counterparty under the terms of the agreement.

As of March 31, 2022, we had one variable-rate mortgage debt outstanding of \$5,183. Additionally, the Trust had \$108,061 of variable-rate borrowings, with the total outstanding balance fixed through interest rate swaps. We estimate that an increase in 30-day LIBOR of 100 basis points with constant risk spreads would result in our net income being reduced by approximately \$52 on an annual basis. We estimate that a decrease in 30-day LIBOR of 100 basis points would increase the amount of net income by a similar amount. Even though our goal is to maintain a fairly low exposure to interest rate risk, we may become vulnerable to significant fluctuations in interest rates on any future repricing or refinancing of our fixed or variable rate debt or future debt.

#### **Item 4. Controls and Procedures**

#### **Disclosure Controls and Procedures**

Our management, with the participation of our Chief Executive Officer and Chief Financial Officer, has evaluated the effectiveness of our disclosure controls and procedures (as such term is defined in Rule 13a-15(e) under the Securities Exchange Act of 1934, as amended) as of the end of the period covered by this report. Based on such evaluation, our Chief Executive Officer and Chief Financial Officer have concluded that, as of March 31, 2022, such disclosure controls and procedures were effective to ensure that information required to be disclosed by us in the reports that we file or submit under the Exchange Act is recorded, processed, summarized and reported within the time periods specified in the SEC's rules and forms, and is accumulated and communicated to management, including our principal executive and principal financial officers, as appropriate to allow timely decisions regarding required disclosure.

#### **Changes in Internal Controls over Financial Reporting**

There were no changes in our internal controls over financial reporting that occurred during the first fiscal quarter of 2022 that materially affected, or are reasonably likely to materially affect, our internal control over financial reporting.

#### PART II OTHER INFORMATION

#### Item 1. Legal Proceedings.

From time to time we may be involved in disputes or litigation relating to claims arising out of our operations. We are not currently a party to any legal proceedings that could reasonably be expected to have a material adverse effect on our business, financial condition or results of operation.

#### Item 1A. Risk Factors.

There have been no material changes to the risk factors set forth in our Annual Report on Form 10-K for the period ended December 31, 2021.

#### Item 2. Unregistered Sales of Equity Securities and Use of Proceeds.

#### Sale of Securities

Neither Sterling nor the Operating Partnership issued any unregistered securities during the three months ended March 31, 2022.

#### Other Sales

During the three months ended March 31, 2022, we did not issue any common shares in exchange for limited partnership units of the Operating Partnership on a one-for-one basis pursuant to redemption requests made by accredited investors pursuant to Section 4(a)(2) and Rule 506 of Regulation D.

#### **Redemptions of Securities**

Set forth below is information regarding common shares and limited partnership units redeemed during the three months ended March 31, 2022:

	Total Number of Common Shares	Total Number of Limited Partner Units	P	Average Price Paid per Common	Total Number of Shares Redeemed as Part of Publicly Announced	Total Number of Units Redeemed as Part of Publicly Announced	pproximate Dollar Value of Shares (or Units) that May Yet Be Redeemed Under Publicly Announced
Period	Redeemed	Redeemed	Sh	are/Unit	Plans or Programs	Plans or Programs	Plans or Programs
January 1-31, 2022	6,000	2,000	\$	21.85	1,456,000	1,115,000	\$ 16,579
February 1-29, 2022	5,000	1,000	\$	21.85	1,461,000	1,116,000	\$ 16,424
March 1-31, 2022	7,000	12,000	\$	21.85	1,468,000	1,128,000	\$ 16,025
Total	18,000	15,000					

For the three months ended March 31, 2022, we redeemed all shares or units for which we received redemption requests. In addition, for the three months ended March 31, 2022, all common shares and units redeemed were redeemed as part of the publicly announced plans.

The Amended and Restated Share Redemption Plan permits us to repurchase common shares held by our shareholders and limited partnership units held by partners of our Operating Partnership, up to a maximum amount of \$55,000 worth of shares and units, upon request by the holders after they have held them for at least one year and subject to other conditions and limitations described in the plan. The amount remaining to be redeemed as of March 31, 2022, was \$16,025. The redemption price for such shares and units redeemed under the plan was fixed at \$21.85 per share or unit, which became effective January 1, 2022. The redemption plan will terminate in the event the shares become listed on any national securities exchange, the subject of bona fide quotes on any inter-dealer quotation system or electronic communications

network or are the subject of bona fide quotes in the pink sheets. Additionally, the Board, in its sole discretion, may terr	minate,
amend, or suspend the redemption plan at any time if it determines to do so is in our best interest.	

Item 3. Defaults Upon Senior Securities.

None.

Item 4. Mine Safety Disclosures.

Not applicable.

Item 5. Other Information.

None.

#### Item 6. Exhibits.

Exhibit Number	Title of Document
10.1	Eleventh Amended and Restated Advisory Agreement, effective April 1, 2022 (incorporated by reference to Exhibit No. 10.1 to the Trust's current report on Form 8-K filed March 29, 2022).
31.1	Certification of the Chief Executive Officer pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.
31.2	Certification of the Chief Financial Officer pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.
32.1	Certification of Chief Executive Officer and Chief Financial Officer pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 906 of the of the Sarbanes-Oxley Act of 2002.
101	The following materials from Sterling Real Estate Trust's Quarterly Report on Form 10-Q for the quarter ended March 31, 2022, formatted in iXBRL (Inline iXtensible Business Reporting Language): (i) Consolidated Balance Sheets at March 31, 2022 and December 31, 2021; (ii) Consolidated Statements of Operations and Other Comprehensive Income for the three months ended March 31, 2022 and 2021; (iii) Consolidated Statements of Shareholders' Equity for three months ended March 31, 2022 and 2021; (iv) Consolidated Statements of Cash Flows for the three months ended March 31, 2022 and 2021, and; (v) Notes to Consolidated Financial Statements.
104	Cover Page Interactive Data File, formatted in iXBRL and contained in Exhibit 101.

#### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused the report to be signed on its behalf by the undersigned, thereunto duly authorized.

Dated: May 11, 2022

#### STERLING REAL ESTATE TRUST

By: /s/ Kenneth P. Regan

Kenneth P. Regan Chief Executive Officer (Principal Executive Officer)

By: /s/ Damon K. Gleave

Damon K. Gleave Chief Financial Officer (Principal Financial Officer)

### OFFICER'S CERTIFICATE PURSUANT TO SECTION 302

#### I, Kenneth P. Regan, certify that:

- 1. I have reviewed this quarterly report on Form 10-Q for Sterling Real Estate Trust.
- 2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
- 3. Based on my knowledge, the financial statements and other financial information included in this report fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of and for, the periods presented in this report;
- 4. The registrant's other certifying officer(s) and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-5(e) and 15d-15 (e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
  - (a) Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under my supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to me by others within those entities, particularly during the period in which this report is being prepared;
  - (b) Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under my supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
  - (c) Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report my conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
  - (d) Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
- 5. The registrant's other certifying officer(s) and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
  - (a) All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
  - (b) Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Dated: May 11, 2022

By: /s/ Kenneth P. Regan
Chief Executive Officer

### OFFICER'S CERTIFICATE PURSUANT TO SECTION 302

#### I, Damon K. Gleave, certify that:

- 1. I have reviewed this quarterly report on Form 10-Q for Sterling Real Estate Trust.
- 2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
- 3. Based on my knowledge, the financial statements and other financial information included in this report fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of and for, the periods presented in this report:
- 4. The registrant's other certifying officer(s) and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-5(e) and 15d-15 (e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
  - (a) Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under my supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to me by others within those entities, particularly during the period in which this report is being prepared;
  - (b) Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under my supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
  - (c) Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report my conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
  - (d) Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
- 5. The registrant's other certifying officer(s) and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
  - (a) All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
- (b) Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Dated: May 11, 2022

By: /s/ Damon K. Gleave
Chief Financial Officer

# CERTIFICATION PURSUANT TO 18 U.S.C. SECTION 1350 AS ADOPTED PURSUANT TO SECTION 906 OF THE SARBANES-OXLEY ACT OF 2002

In connection with the Quarterly Report of Sterling Real Estate Trust (the "Company") on Form 10-Q for the period ended March 31, 2022 as filed with the Securities and Exchange Commission on the date hereof (the "Report"), the undersigned, in the capacities and on the dates indicated below, hereby certifies pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002, that:

- 1. The Report fully complies with the requirements of Section 13(a) or 15(d) of the Securities Exchange Act of 1934; and
- 2. The information contained in the Report fairly presents, in all material respects, the financial condition and results of operation of the Company.

Dated: May 11, 2022 By: /s/ Kenneth P. Regan

Chief Executive Officer

By: /s/ Damon K. Gleave

Chief Financial Officer

A signed original of this written statement required by Section 906 has been provided to Sterling Real Estate Trust and will be retained by Sterling Real Estate Trust and furnished to the Securities and Exchange Commission or its staff upon request.