

For Immediate Release

INREIT Real Estate Investment Trust Announces Dividend and Distribution

Company Release – July 9, 2014

FARGO, NORTH DAKOTA – INREIT Real Estate Investment Trust (INREIT) announced on June 19, 2014, its Board of Trustees approved a second quarter 2014 dividend of \$0.225 per share to shareholders of record as of June 30, 2014. This dividend will be paid on July 15, 2014.

INREIT's Board of Trustees, acting as general partner of INREIT Properties, LLLP, also approved a distribution of \$0.225 per unit to Limited Partnership unitholders of record as of June 30, 2014. This distribution will be paid on July 15, 2014.

This is the 46th consecutive quarterly dividend, and 45th consecutive distribution, paid by INREIT and equates to a 6.0% annual yield for shareholders given INREIT's current share price.

ABOUT INREIT REAL ESTATE INVESTMENT TRUST

INREIT Real Estate Investment Trust is a registered, but unincorporated business trust formed in North Dakota to invest in a diversified portfolio primarily of commercial properties (such as retail, office and medical) and multi-family dwellings (such as apartment buildings and senior assisted or independent living centers). INREIT operates as an Umbrella Partnership Real Estate Investment Trust, and holds all of its assets through INREIT Properties, LLLP, which INREIT controls as general partner. For more company information, visit the INREIT Real Estate Investment Trust's website at www.inreit.com or www.sec.gov.

INREIT Real Estate Investment Trust

1711 Gold Drive, Suite 100
Fargo, ND 58103
701-353-2720

For Additional Information

Brittaney van der Hagen
Investor Relations
1711 Gold Drive, Suite 100
Fargo, ND 58103
701-353-2729
Email: bvanderhagen@inreit.com