

[] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *											ing Sym	ibol		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
Regan Kenneth P				St	Sterling Real Estate Trust [ NONE ]								nicuoic)				
(Last) (First) (Middle)				3. ]	3. Date of Earliest Transaction (MM/DD/YYYY)							Director X Officer (g	rive title held		0% Owner Other (spe	cify below)	
1711 GOLD DRIVE SOUTH, SUITE 100					5/1/2017								Chief Execut			_ Other (spe	eny delow)
(Street)				4. ]	4. If Amendment, Date Original Filed (MM/DD/YYYY)							6. Individual o	6. Individual or Joint/Group Filing (Check Applicable Line)				
FARGO, ND 58103 (City) (State) (Zip)						5/3/2017							X Form filed by	X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
			Table 1	I - Non-	Dei	rivative	Secur	ities A	cquir	ed, D	isposed	of, or Be	eneficially Own	ed			
1. Title of Security (Instr. 3)				Date	2A. Deer Execution Date, if a	n (I	Trans. ( nstr. 8)	Code	or Disposed of (D)		Instr. 3 and 4) Form			Ownership Form:	7. Nature of Indirect Beneficial Ownership		
					Code			v	Amou	(A) (D)		or I			or Indirect (I) (Instr.	(Instr. 4)	
	Tab	ole II - De	rivative	Securit	ies l	Benefic	ially O	wned	( e.g. ,	, puts	s, calls, v	warrants	, options, conve	rtible sec	urities)		
1. Title of Derivate Security (Instr. 3)	Conversion or Exercise Price of Derivative	3. Trans. Date	3A. Deem Execution Date, if ar	Code		5. Number Derivative Acquired (A Disposed o (Instr. 3, 4		curities or D)	6. Date Exercisable and Expiration Date			Underlying Security		9. Number of derivative Securities Beneficially Owned	Form of Derivative Security:	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Security			Cod	e	V	(A)	(D)	Date Exerci		Expiration ble Date Amount or Number of Tran	Following Reported Transaction(s) (Instr. 4)	Direct (D) or Indirect (I) (Instr. 4)				
Limited Partnership Units	(1)	5/1/2017		J (2	2)	252	36.0600		<u>(3</u>	3)	<u>(4)</u>	Common Shares	25236.0600	\$16.00	2555603.7594	D	
Limited Partnership Units	(1)	5/1/2017		J (2	2)	100	01.3200		<u>(3</u>	3)	<u>(4)</u>	Common Shares	10001.3200	\$16.00	2555273.0194	D	

### **Explanation of Responses:**

- (1) Pursuant to the LLLP Agreement of the operating partnership, holders of limited partnership units may, after a two year holding period, elect to have their limited partnership units redeemed. Upon a redemption request, Sterling Real Estate Trust has the option to purchase the limited partnership units directly, either in cash or in common shares of beneficial interest at an exchange rate of one-to-one.
- (2) The reporting person received the Limited Partnership Units in connection with a 721 UPREIT transaction.
- (3) These Limited Partnership Units may be redeemed as described under footnote 1 anytime after a two year holding period, or May 2, 2019.
- (4) These derivative securities do not have an expiration date.

#### **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Regan Kenneth P 1711 GOLD DRIVE SOUTH SUITE 100 FARGO, ND 58103			Chief Executive Officer	Trustee			

#### **Signatures**

/s/Kenneth P. Regan, Attorney-in-Fact	5/15/2017		
** Signature of Reporting Person	Date		

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.